

Terms of Service

Effective Date: 13.07.2025

1. Acceptance of Terms

By accessing our website, subscribing to our email course, or using any of our services, you agree to be bound by these Terms of Service ("Terms"). If you do not agree to these Terms, please do not use our services.

2. Description of Service

NO.MIND provides a free 5-day email course titled "5 Days to Limitless Energy" designed to help users build all-day energy, sharpen focus, and unlock deep, restorative sleep through educational content about high-impact habits and wellness practices.

3. User Obligations

3.1 Eligibility

- You must be at least 18 years old to use our services
- You must provide accurate and current information when subscribing
- You are responsible for maintaining the confidentiality of your account information

3.2 Prohibited Uses

You agree not to:

- Use our services for any unlawful purpose
- Distribute, modify, or create derivative works from our content without permission
- Attempt to gain unauthorized access to our systems
- Share login credentials or forward emails to unauthorized parties

4. Intellectual Property

4.1 Content Ownership

All content, including but not limited to text, graphics, logos, images, and software, is the property of NO.MIND or its licensors and is protected by copyright and other intellectual property laws.

4.2 Limited License

We grant you a limited, non-exclusive, non-transferable license to access and use the content solely for your personal, non-commercial use.

5. Email Communications

5.1 Subscription

By providing your email address, you consent to receive:

- The 5-day email course content
- Additional educational content related to health, performance, and mitochondria
- Occasional promotional materials

5.2 Unsubscribe

You may unsubscribe from our email communications at any time by:

- Clicking the unsubscribe link in any email
- Contacting us directly at ed@no-mind.io

6. Disclaimers

6.1 Educational Purpose

Our content is provided for educational and informational purposes only. It is not intended as medical advice, diagnosis, or treatment.

6.2 Health Disclaimer

Always consult with a qualified healthcare professional before making changes to your diet, exercise routine, or lifestyle based on information from our course.

6.3 No Guarantees

We make no guarantees about specific results from following our recommendations. Individual results may vary.

7. Limitation of Liability

TO THE MAXIMUM EXTENT PERMITTED BY LAW, NO.MIND SHALL NOT BE LIABLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL, CONSEQUENTIAL, OR PUNITIVE DAMAGES, INCLUDING BUT NOT LIMITED TO LOSS OF PROFITS, DATA, OR OTHER INTANGIBLE LOSSES.

8. Privacy

Your privacy is important to us. Our collection and use of personal information is governed by our Privacy Policy, which is incorporated into these Terms by reference.

9. Modifications

We reserve the right to modify these Terms at any time. We will notify users of material changes via email or by posting a notice on our website. Continued use of our services after changes constitutes acceptance of the new Terms.

10. Termination

We may terminate or suspend your access to our services immediately, without prior notice, for any reason, including breach of these Terms.

11. Governing Law

These Terms are governed by the laws of Poland, without regard to conflict of law principles.

12. Contact Information

If you have questions about these Terms of Service, please contact us at:

Email: ed@no-mind.io

Website: no-mind.io

13. Severability

If any provision of these Terms is found to be unenforceable, the remaining provisions will remain in full force and effect.

14. Entire Agreement

These Terms constitute the entire agreement between you and NO.MIND regarding the use of our services.

Last updated: 13.07.2025