

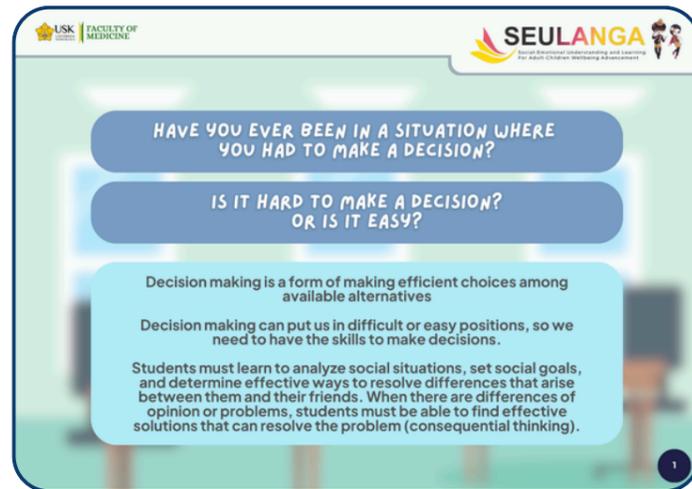


8th Session

Decision-Making

Social-Emotional Understanding and Learning
For Adult-Children Wellbeing Advancement

<https://www.safecommunitiessafeschool-indonesia.org>



HAVE YOU EVER BEEN IN A SITUATION WHERE YOU HAD TO MAKE A DECISION?

IS IT HARD TO MAKE A DECISION? OR IS IT EASY?

Decision making is a form of making efficient choices among available alternatives

Decision making can put us in difficult or easy positions, so we need to have the skills to make decisions.

Students must learn to analyze social situations, set social goals, and determine effective ways to resolve differences that arise between them and their friends. When there are differences of opinion or problems, students must be able to find effective solutions that can resolve the problem (consequential thinking).

DECISION-MAKING

- **Assalamualaikum.** Hello, how are you today? I want to ask, who felt a bit lazy about going to school today? What were you thinking? Then how did you finally decide to go to school? Or maybe you don't dare to tell us...
- Oh, okay, I'll tell you my story first. I want to share my experience when I had a hard time making a decision (talking about my experience in making decisions). So, what did you get from my story? Come on, anyone can speak up...
- Now I want to hear your stories. Has anyone ever been in a situation where they had to make a decision? Was it difficult or easy? Come on, let's share your stories...
- Thank you for sharing your stories. Of course, it's not easy to make decisions. Now let's learn together how to make decisions, especially at your age as adolescents.

Life can put us in either a difficult or an easy position, so we need to have the skills to make decisions in any situation.

**HAVE YOU EVER BEEN IN A SITUATION WHERE
YOU HAD TO MAKE A DECISION?**

**IS IT HARD TO MAKE A DECISION?
OR IS IT EASY?**

Decision-making means choosing efficiently among the available alternatives.

Life can place us in both easy and difficult situations, so we need the skills to make sound decisions in any circumstance.

Students should learn to analyze social situations, set positive goals, and determine effective ways to resolve conflicts with their peers.



DECISION-MAKING

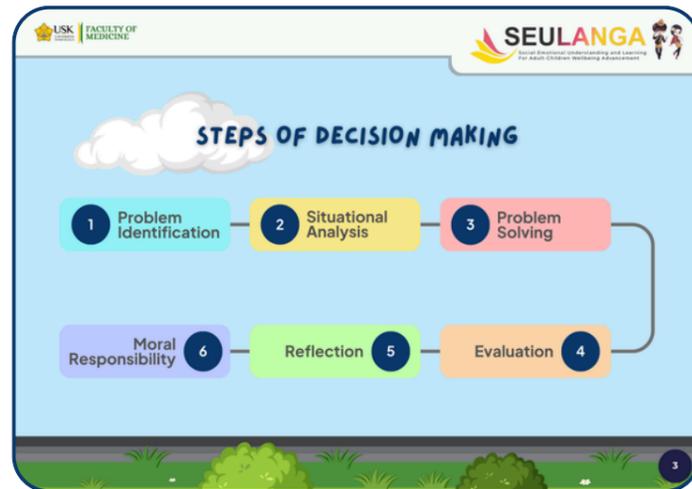
- Everyone involved in any kind of interaction needs to understand how to develop students' ability to make responsible decisions and create interactions that benefit all the students around them.
- Being able to make the right decisions means that students are able to consider their options and make appropriate and wise choices about themselves or their interactions with others.
- Students will understand that there are consequences to their decisions and be able to manage them well with others.

Responsible decision-making:

- The ability to make caring and constructive choices about personal behavior and social interactions in various situations.
- Consider ethical standards and issues of personal and others' safety.
- Evaluate the benefits and consequences of various actions for personal, social, and collective well-being.

WHAT SHOULD BE CONSIDERED WHEN MAKING A DECISION?

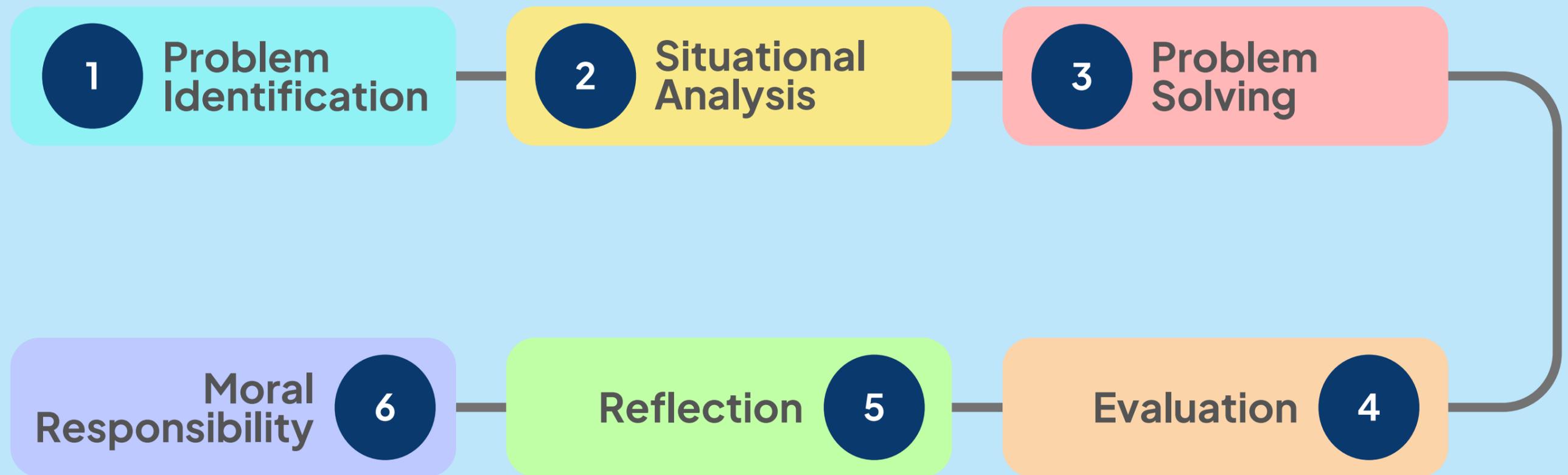


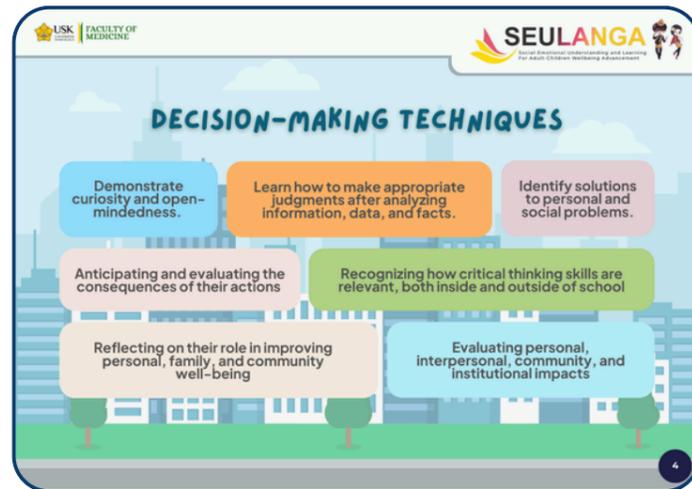


STEPS OF DECISION-MAKING

- **Problem Identification:** Individuals can recognize and identify the point or source of the problem so that they can focus on solving it.
- **Situational Analysis:** Individuals need to analyze the situation related to the problem at hand.
- **Problem Solving:** Individuals can find solutions to the problems they face.
- **Evaluation:** Individuals evaluate the decisions that have been made to see if they have solved the problem.
- **Reflection:** Individuals reflecting on the decisions they have made.
- **Moral Responsibility:** The decisions made must take moral responsibility into account by not harming others.

STEPS OF DECISION-MAKING





DECISION-MAKING TECHNIQUES

- Demonstrate curiosity and open-mindedness.
- Learn how to make appropriate judgments after analyzing information, data, and facts.
- Identify solutions to personal and social problems.
- Anticipating and evaluating the consequences of their actions
- Recognizing how critical thinking skills are relevant, both inside and outside of school
- Reflecting on their role in improving personal, family, and community well-being
- Evaluating personal, interpersonal, community, and institutional impacts

DECISION-MAKING TECHNIQUES

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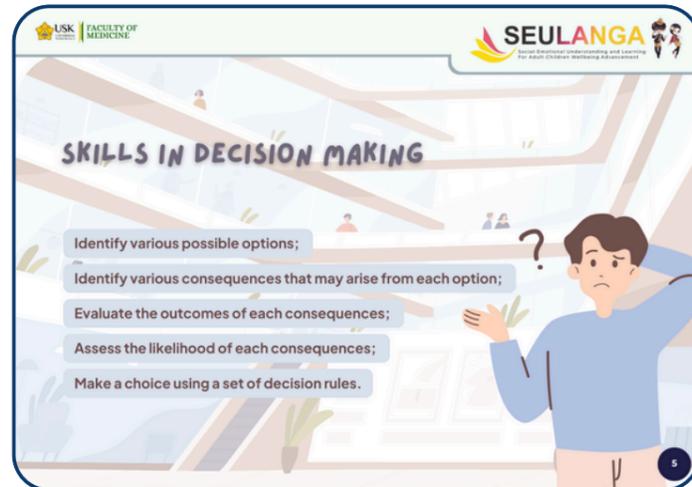
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Anticipating and evaluating the consequences of their actions

Recognizing how critical thinking skills are relevant, both inside and outside of school

Reflecting on their role in improving personal, family, and community well-being

Evaluating personal, interpersonal, community, and institutional impacts



SKILLS IN DECISION-MAKING

- **Identify various possible options;**
- **Identify various consequences that may arise from each option;**
- **Evaluate the outcomes of each consequences;**
- **Assess the likelihood of each consequences;**
- **Make a choice using a set of decision rules.**

SKILLS IN DECISION-MAKING

Identify various possible options;

Identify various consequences that may arise from each option;

Evaluate the outcomes of each consequences;

Assess the likelihood of each consequences;

Make a choice using a set of decision rules.





CRITICAL THINKING

In addition, critical thinking is very important for students because it enables them to study challenges systematically, face challenges in an organized manner, formulate innovative questions, and come up with original solutions.

Critical thinking skills can help young students face the challenges and decisions they encounter in life.

CRITICAL THINKING



Critical thinking is a thinking process that aims to make rational decisions about what to believe or do.

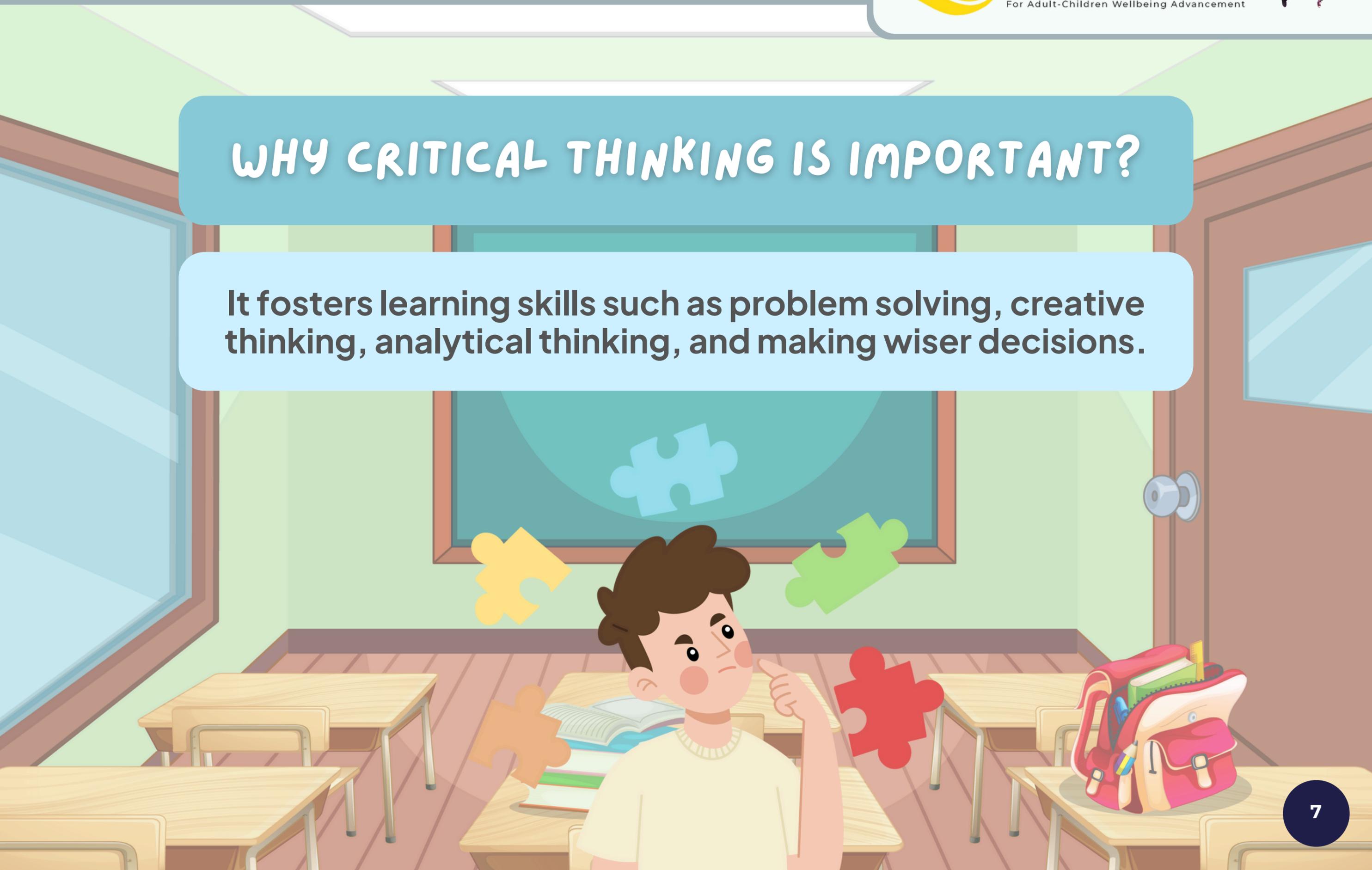


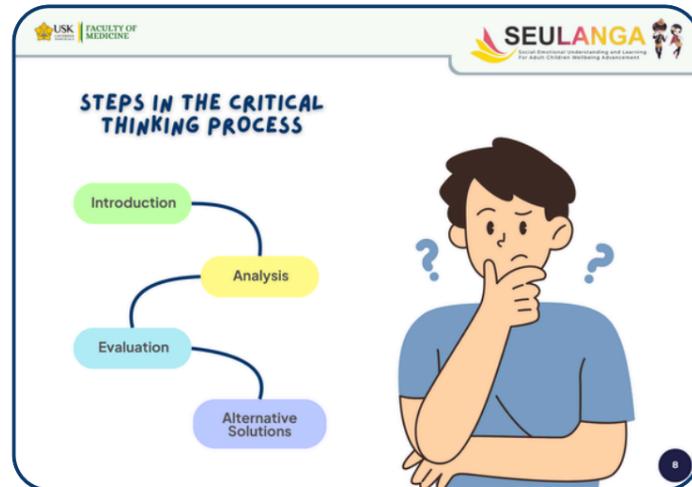
WHY CRITICAL THINKING IS IMPORTANT?

Critical thinking skills are essential and important, both in everyday life and in education. In everyday life, these skills help us make the right decisions and avoid misinformation. In education, critical thinking skills are essential for developing learning skills such as problem solving, creative thinking, analytical thinking, and making wiser decisions.

WHY CRITICAL THINKING IS IMPORTANT?

It fosters learning skills such as problem solving, creative thinking, analytical thinking, and making wiser decisions.



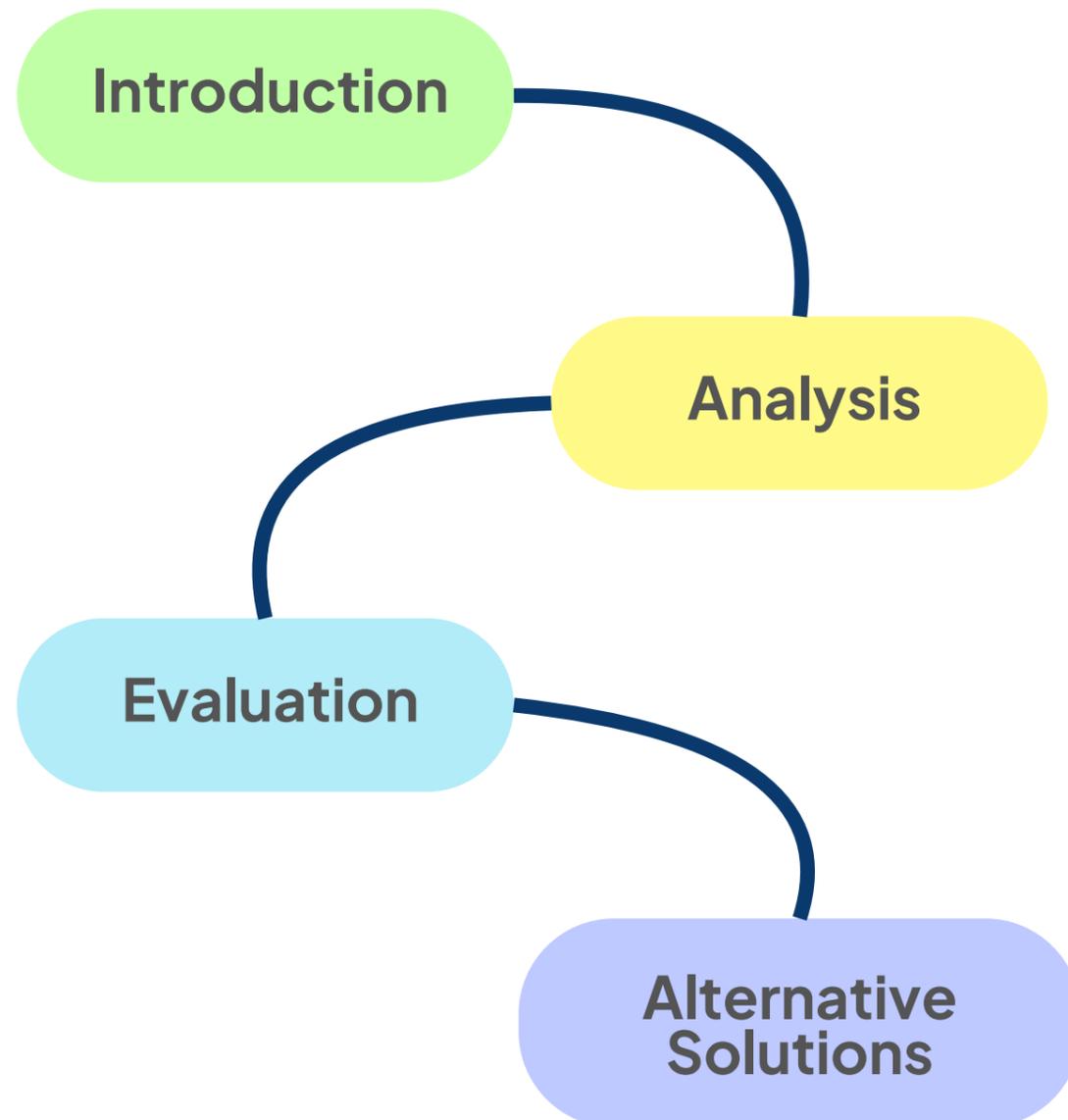


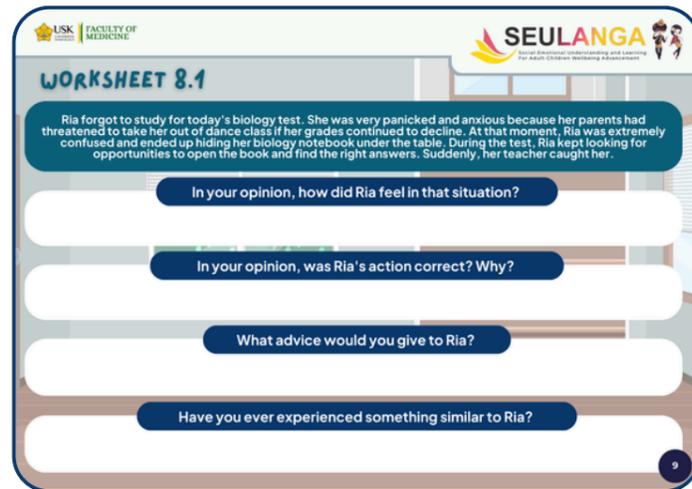
STEPS IN THE CRITICAL THINKING PROCESS

The steps of critical thinking include:

- **Introduction**, where students understand the problem and then determine the main issues accurately;
- **Analysis**, in which students analyze information, identify information relevant to the problem along with logical reasons, determine steps to solve the problem, and then draw conclusions;
- **Evaluation**, in which students evaluate the steps to solve the problem and the conclusions;
- **Alternative Solutions**, in which students find other solutions to the problem.

STEPS IN THE CRITICAL THINKING PROCESS





WORKSHEET 8.1

Ria forgot to study for today's biology test. She was very panicked and anxious because her parents had threatened to take her out of dance class if her grades continued to decline. At that moment, Ria was extremely confused and ended up hiding her biology notebook under the table. During the test, Ria kept looking for opportunities to open the book and find the right answers. Suddenly, her teacher caught her.

In your opinion, how did Ria feel in that situation?

In your opinion, was Ria's action correct? Why?

What advice would you give to Ria?

Have you ever experienced something similar to Ria?

WORKSHEET 8.1

Situation:

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Instructions:

- In your opinion, how did Ria feel in that situation?
- In your opinion, was Ria's action correct? Why?
- What advice would you give to Ria?
- Have you ever experienced something similar to Ria?

Please write your answers on Worksheet 8.1.

WORKSHEET 8.1

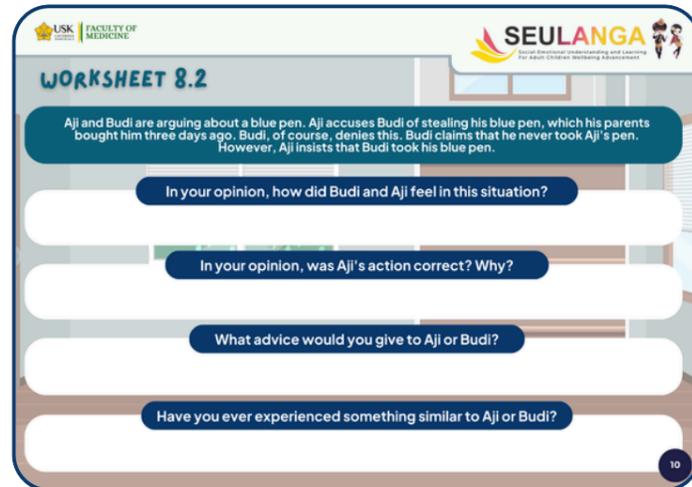
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In your opinion, how did Ria feel in that situation?

In your opinion, was Ria's action correct? Why?

What advice would you give to Ria?

Have you ever experienced something similar to Ria?



WORKSHEET 8.2

Aji and Budi are arguing about a blue pen. Aji accuses Budi of stealing his blue pen, which his parents bought him three days ago. Budi, of course, denies this. Budi claims that he never took Aji's pen. However, Aji insists that Budi took his blue pen.

In your opinion, how did Budi and Aji feel in this situation?

In your opinion, was Aji's action correct? Why?

What advice would you give to Aji or Budi?

Have you ever experienced something similar to Aji or Budi?

WORKSHEET 8.2

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Instruction:

- In your opinion, how did Budi and Aji feel in this situation?
- In your opinion, was Aji's action correct? Why?
- What advice would you give to Aji or Budi?
- Have you ever experienced something similar to Aji or Budi?

Please write your answers on Worksheet 8.2.

WORKSHEET 8.2

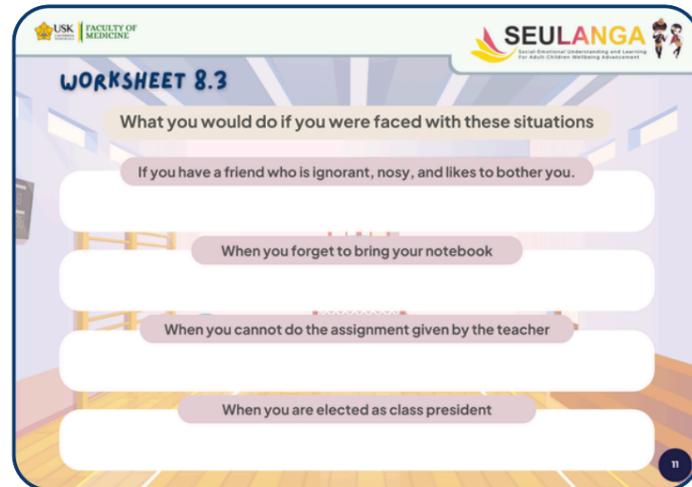
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In your opinion, how did Budi and Aji feel in this situation?

In your opinion, was Aji's action correct? Why?

What advice would you give to Aji or Budi?

Have you ever experienced something similar to Aji or Budi?



WORKSHEET 8.3

Instructions:

Now, please write down what you would do if you were faced with the following situations:

- **If you have a friend who is ignorant, nosy, and likes to bother you.**
- **When you forget to bring your notebook.**
- **When you cannot do the assignment given by the teacher.**
- **When you are elected as class president.**

Please write your answers on Worksheet 8.3.

WORKSHEET 8.3

What you would do if you were faced with these situations

If you have a friend who is ignorant, nosy, and likes to bother you.

When you forget to bring your notebook

When you cannot do the assignment given by the teacher

When you are elected as class president



LET'S EVALUATE!

After the activities and discussions that have been carried out, let's review :

- **What is decision making?**
- **What is critical thinking?**
- **List the steps of critical thinking!**

Well, from this material, you can see that making responsible decisions requires critical thinking skills. In order to exercise critical thinking skills, you first need to familiarize yourself with the situation, analyze it, evaluate it, and look for various alternatives. You can do these steps if you continue to practice them at every opportunity. That way, you will become accustomed to making responsible decisions through critical thinking. Apply these critical thinking steps every day so that they **become a habit** and you become an expert at making responsible decisions.

LEARNING EVALUATION



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