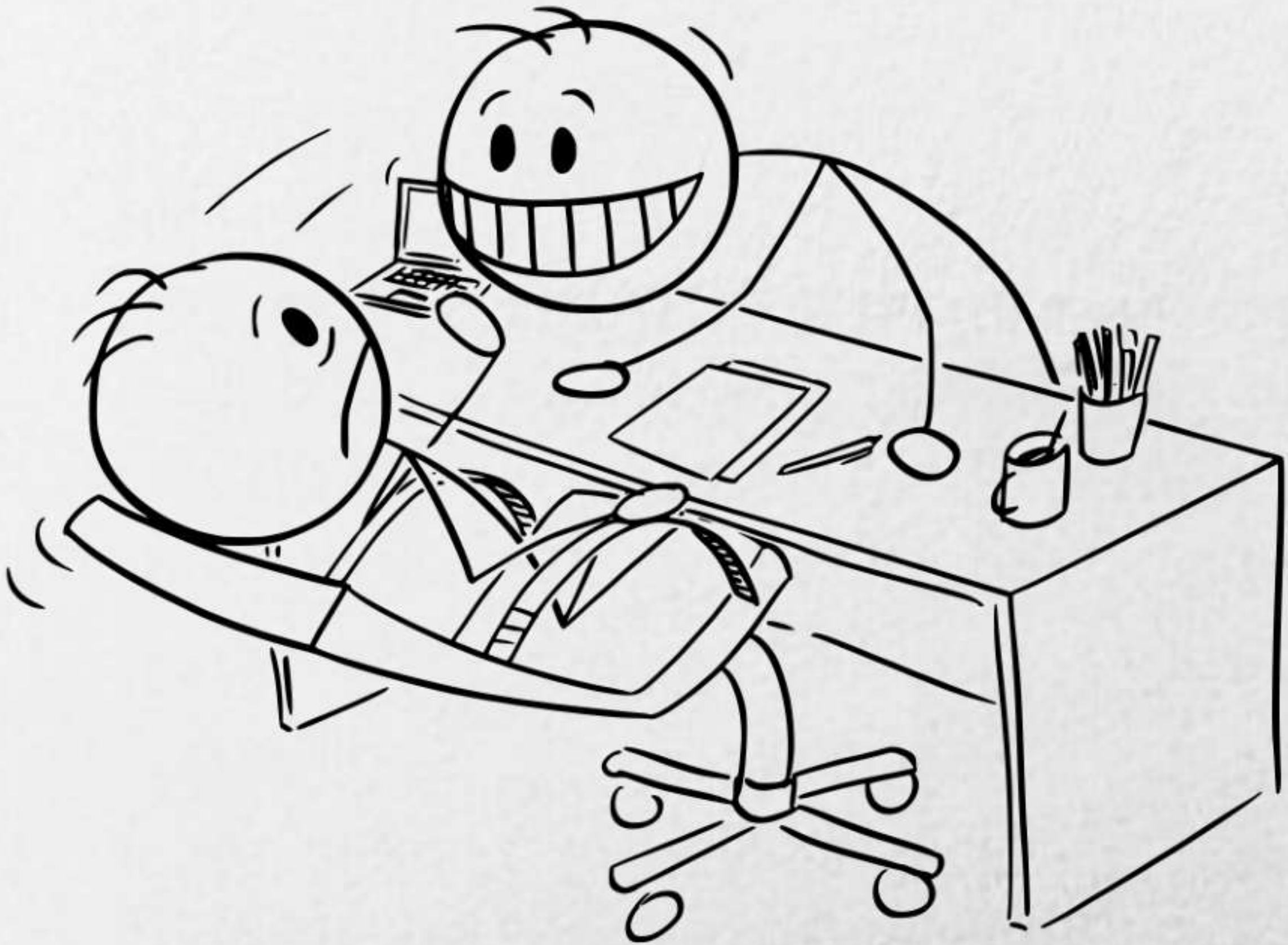# People Don't Burn Out From Work

Here's what burns them out

1 Bad Leaders

Jitender Girdhar

People Don't Burn Out From Work
Here's what burns them out

2 Lack of Support.

Jitender Girdhar

People Don't Burn Out From Work
Here's what burns them out
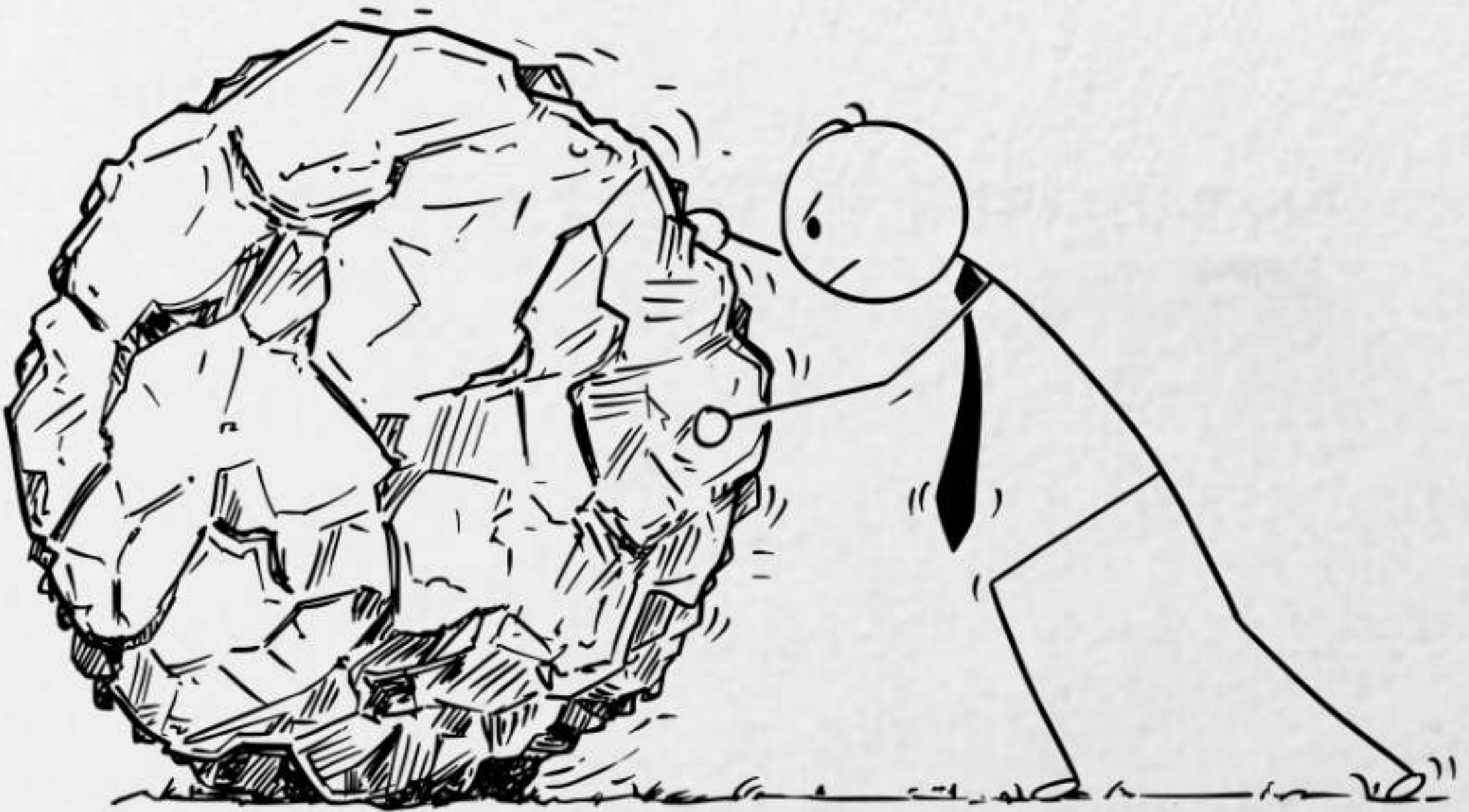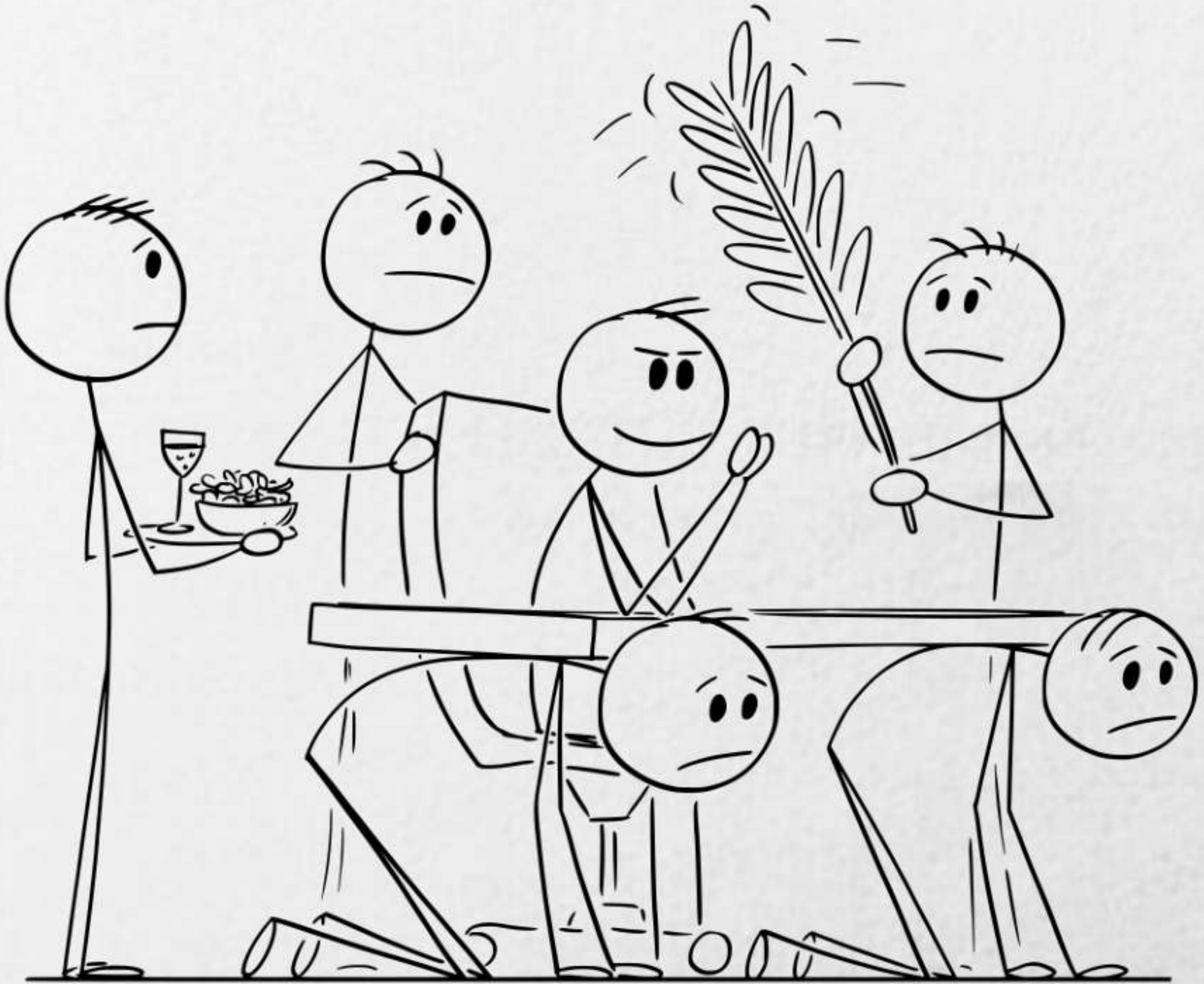

3 Unrealistic Expectations.

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People Don't Burn Out From Work
Here's what burns them out
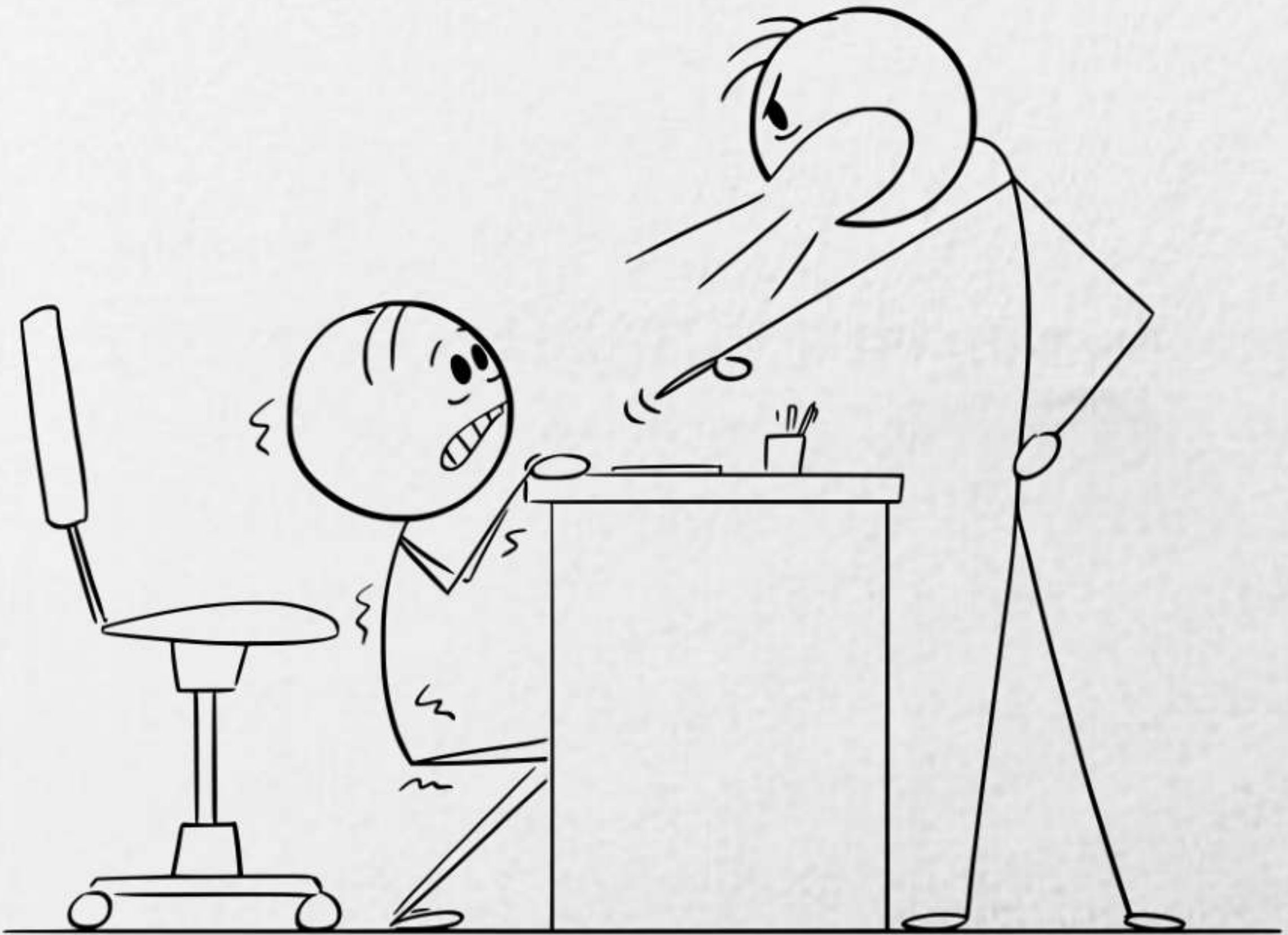
4 Micromanagement.

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People Don't Burn Out From Work
Here's what burns them out
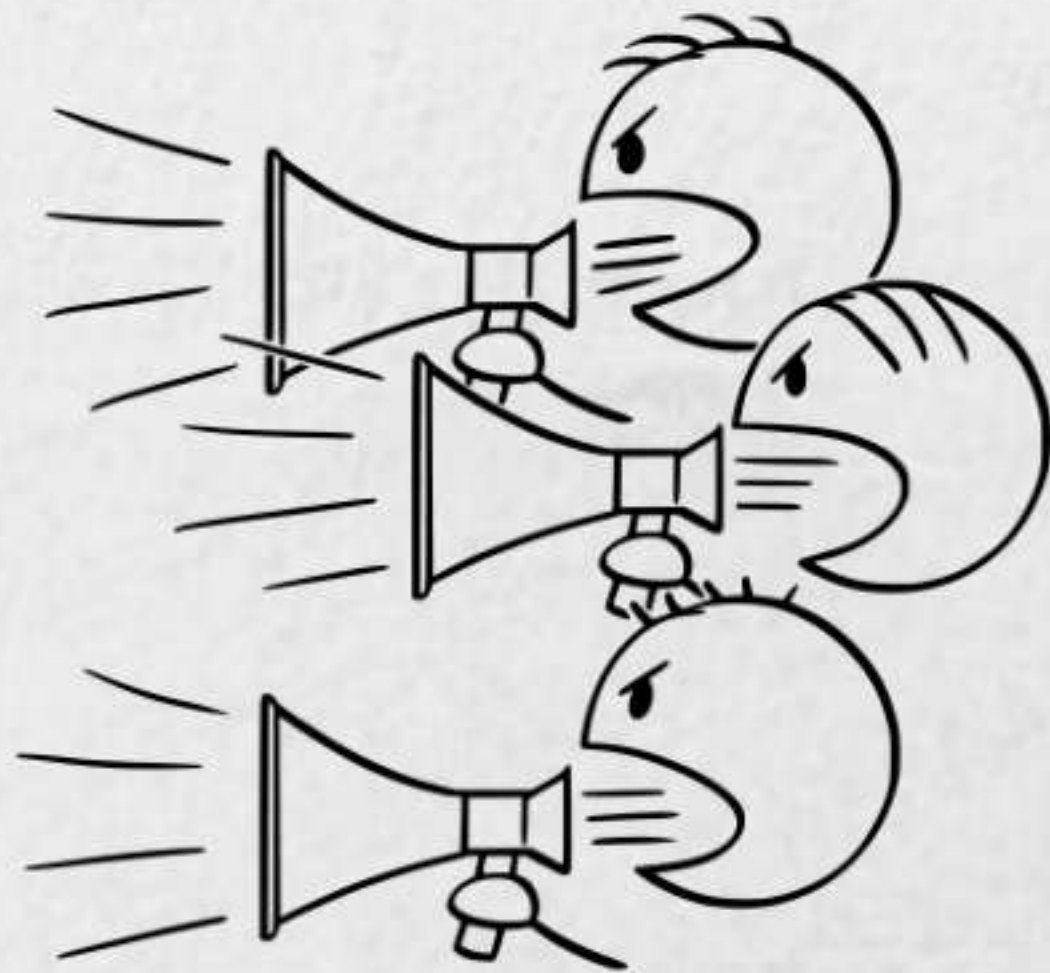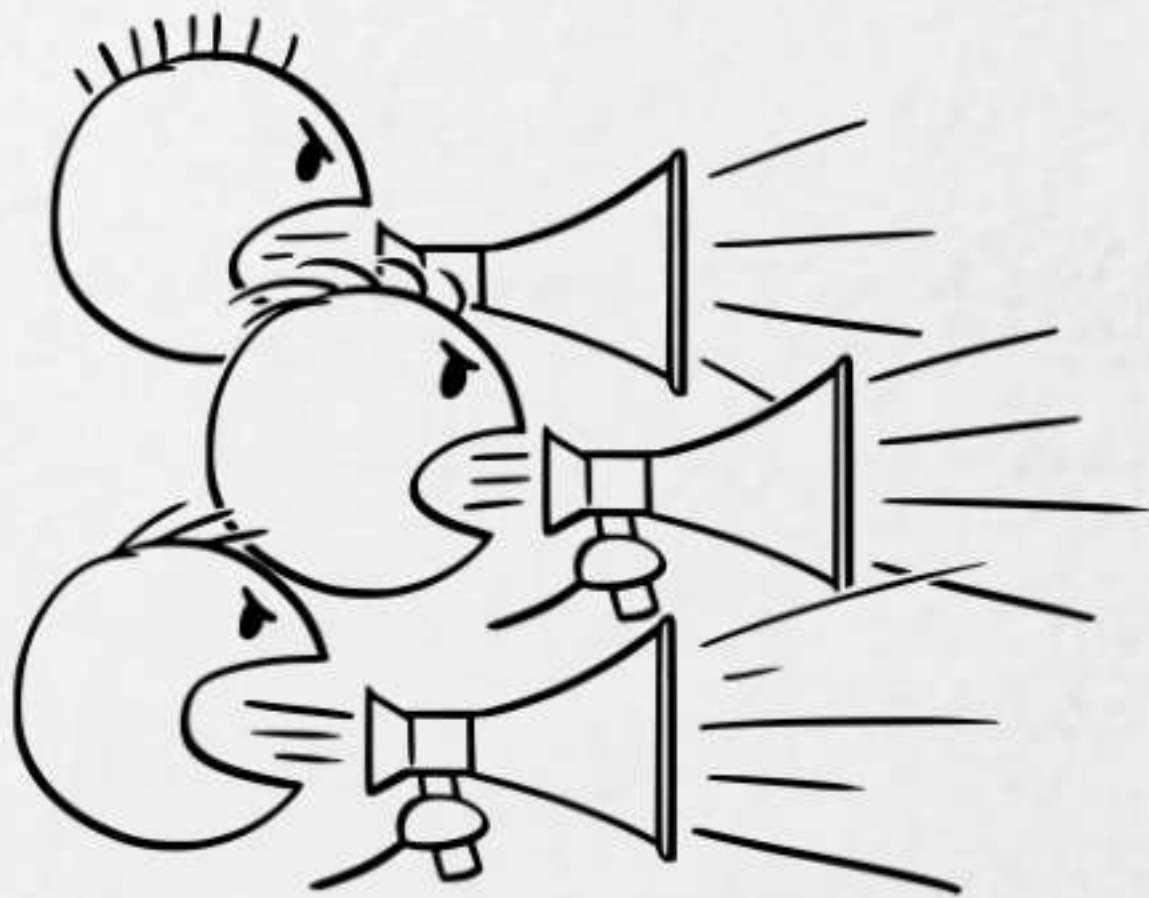
5 Poor Communication.

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Here's what burns them out

6 Constant Pressure.

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People Don't Burn Out From Work

Here's what burns them out
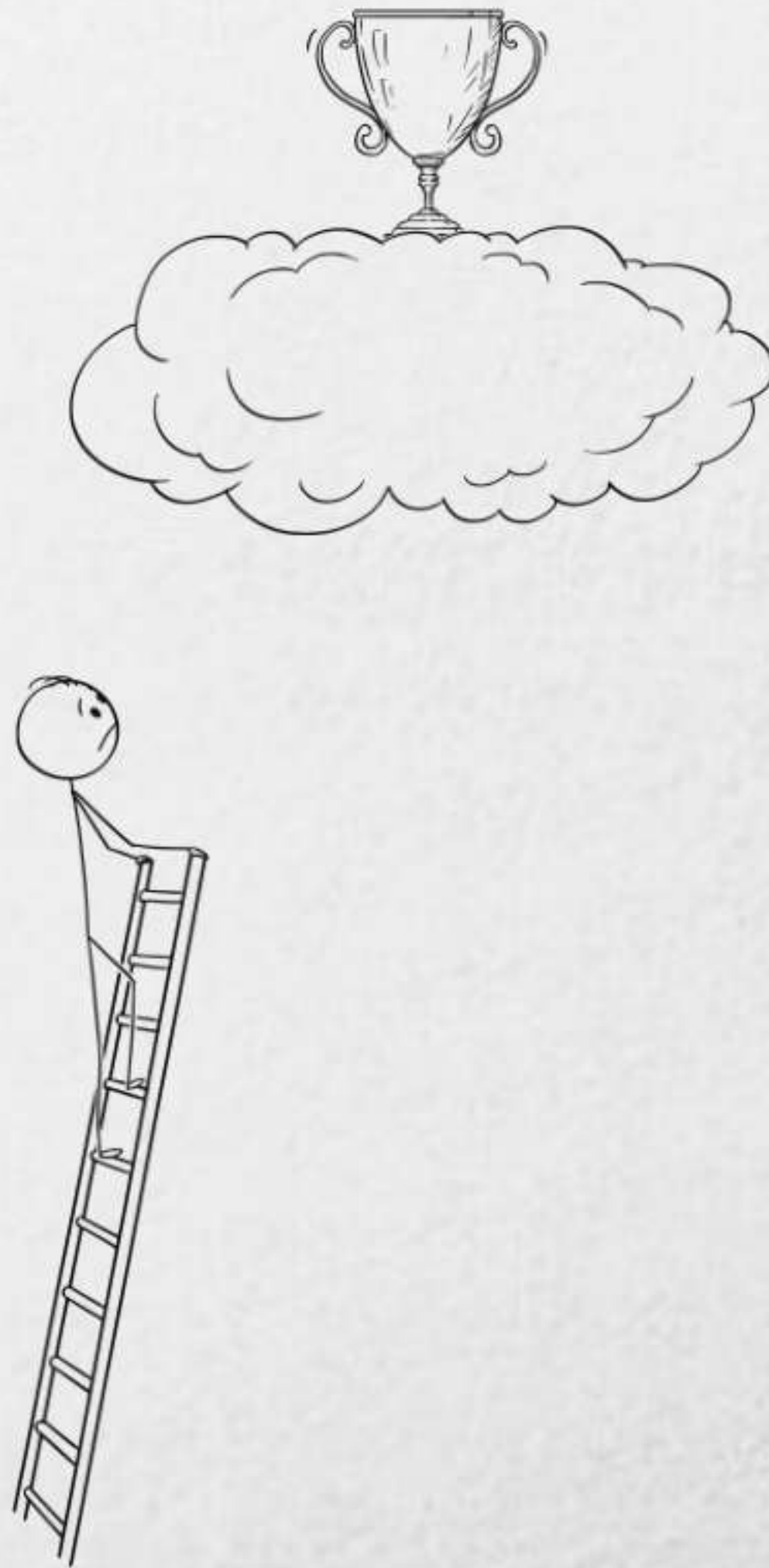
7 **Lack Of Recognition.**

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People Don't Burn Out From Work
Here's what burns them out
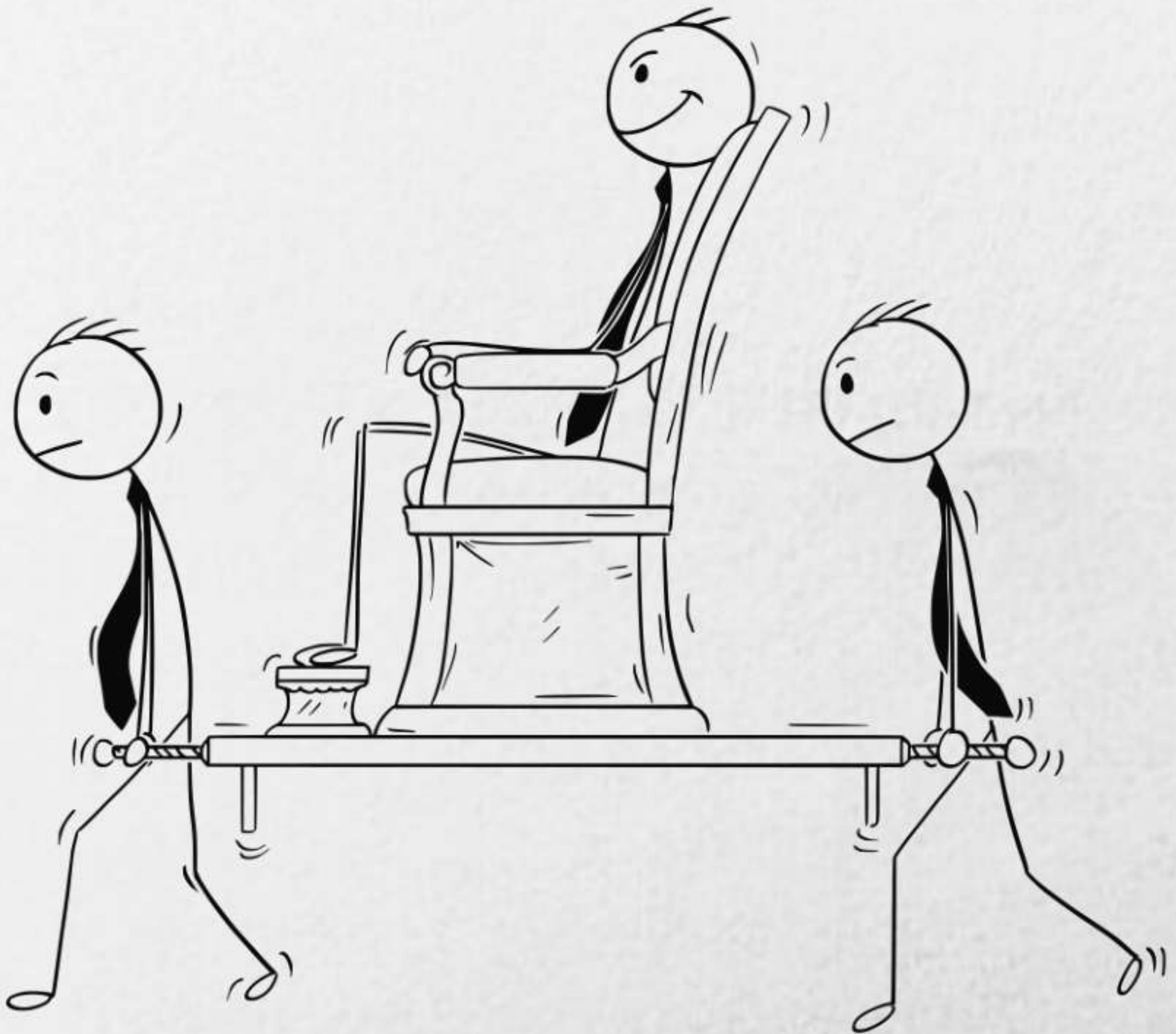
8 Toxic Environment.

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People Don't Burn Out From Work
Here's what burns them out
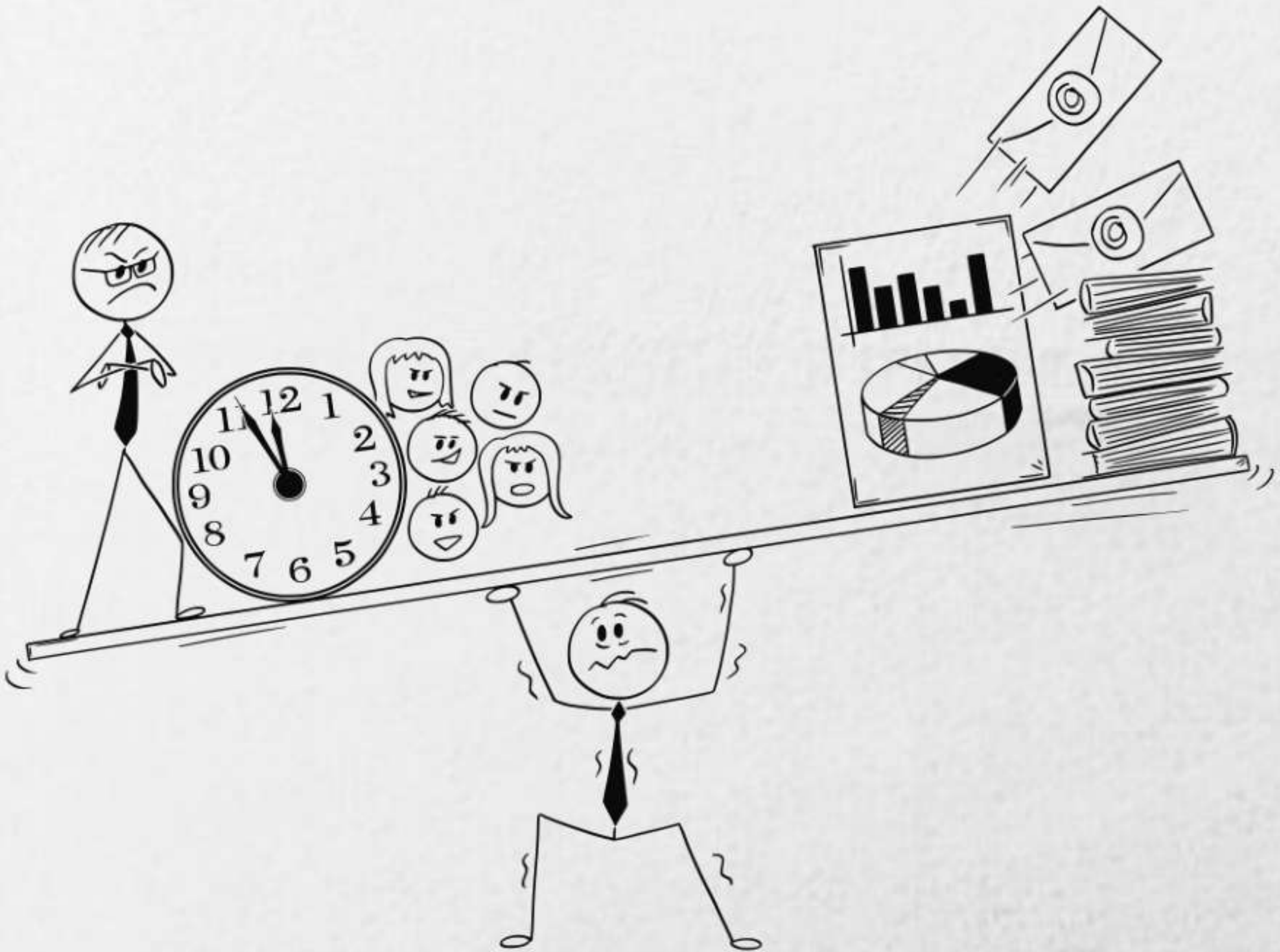
9 No Work-Life Balance.

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People Don't Burn Out From Work

Here's what burns them out
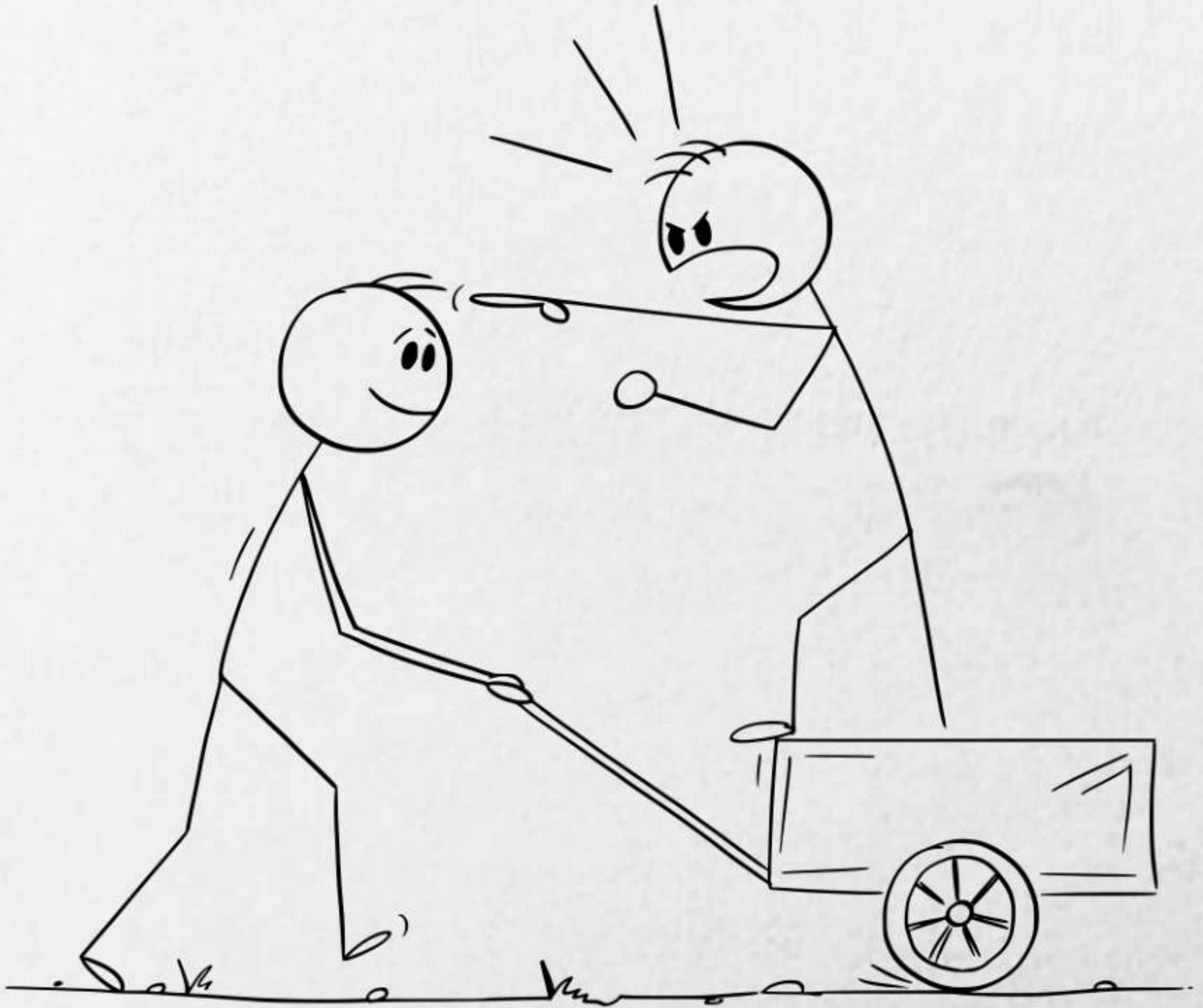
10 Feeling Undervalued.

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Here's what burns them out

11 Broken Trust.

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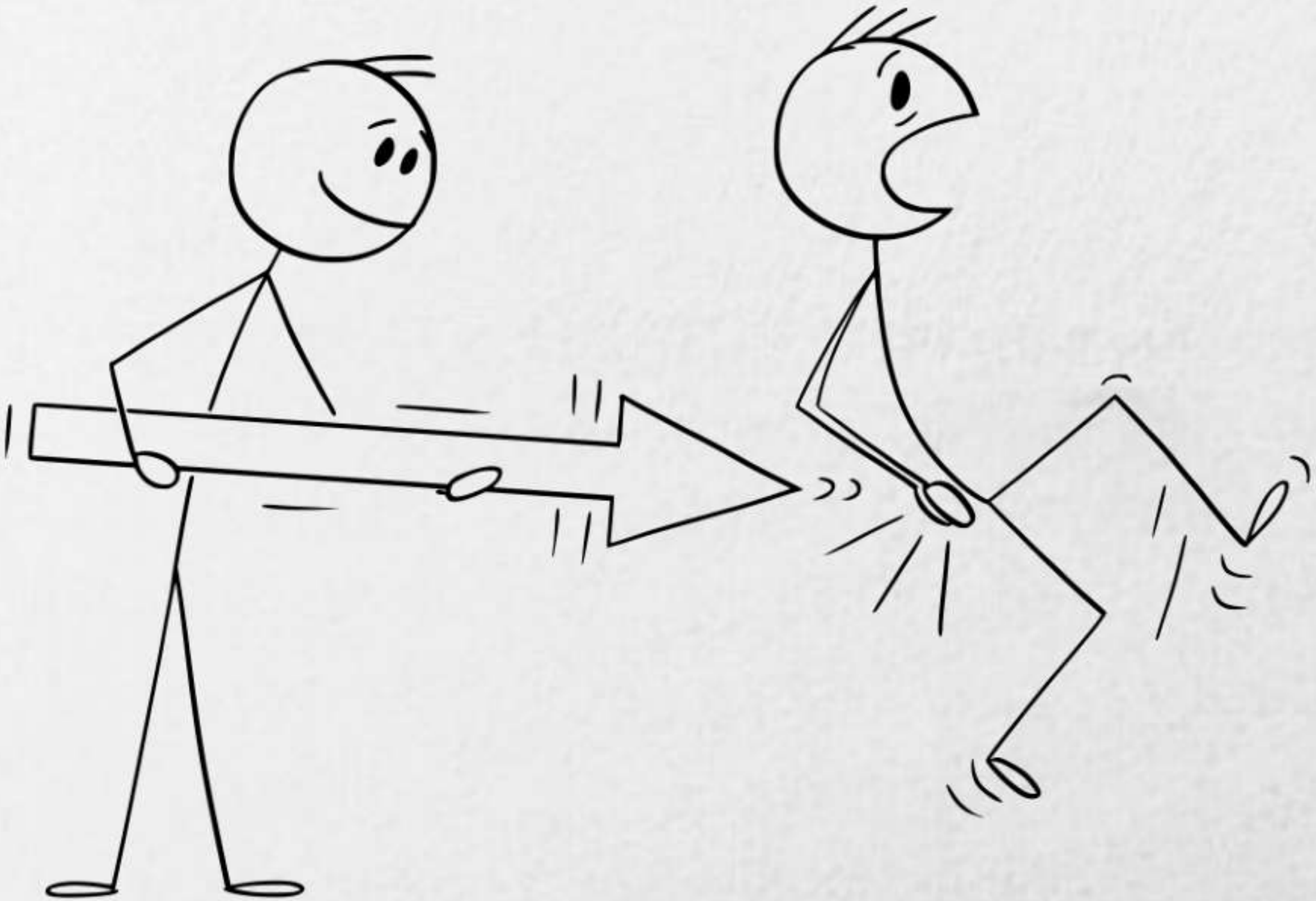
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Jitender Girdhar **in Top Voice**

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