

from World Community Service Centre

April 2020

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# VeWa

Waves of Vethathiri

T H E A W A K E N I N G B E G I N S



Exclusive

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**VeWa Today: UN Secretary  
General's views on  
Covid -19**

# Corona Phobia

How Vethathirians plan to treat the new coronavirus



**207 Hours**

Round the Clock

Vethathirian Convention

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- Center for Yoga and Spiritual Education -



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## VeWa Note

As we bring Waves of Vethathiri, the Divine blessing of the Master, Shri Vethathiri Maharishi, after a small pause (since November 2019), a lot has happened in this intervening period. The world is experiencing a phenomenal change; routine has become non-routine and obvious plans are either stalled or postponed.

Some of the prominent updates - WCSC submitted application for **Consultative Status in June 2019 to the United Nations - ECOSOC**. Some members were skeptical and had apprehensions on how it will benefit WCSC if we are a part of the UNO body. Ensuing section explains the rationale why it is important for WCSC to be a part of the UN body.

The Economic and Social Council (ECOSOC) is one of the 5 main organs of the United Nations Organisation (UNO). The others are General Assembly, Security Council, International Court of Justice and the Secretariat. ECOSOC is the only organisation in which a voluntary organisation like WCSC can participate. It is a very powerful organisation which looks after the economic and social activities in the whole world and more than 15 specialised agencies such as FAO, ILO, UNESCO, IBRD, International Development Association etc. report to the ECOSOC and more than 5000 voluntary organisations are registered with it. Hence, if **WCSC get consultative status in ECOSOC**,

we will be able to participate in all relevant

conferences and bring Swamiji's concepts to the notice of all these organisations. It has 54 countries as members of

ECOSOC hence we will be able to make significant impact and may take concepts of World Peace plan to the General Assembly of UNO through ECOSOC. This will open the doors to be connected to WHO, UNESCO etc. spreading Swamiji's concepts across all International organisations It is a matter of repute and importance that WCSC gets the requisite status in ECOSOC. Accreditation with ECOSOC will help WCSC to be involved in various special social SDG (Sustainable development goals) projects with financial assistance from various international sources.

**As Vethathirians we should all use the most powerful technique of Blessing that we are empowered with i.e.; blessing WCSC to acquire UN consultative status for benefit of entire humanity.**

We present this month edition with complete awareness that few editions of this newsletter could not be brought out for previous months. With emergence of few priority tasks, the focus of the team was





## VeWa Note

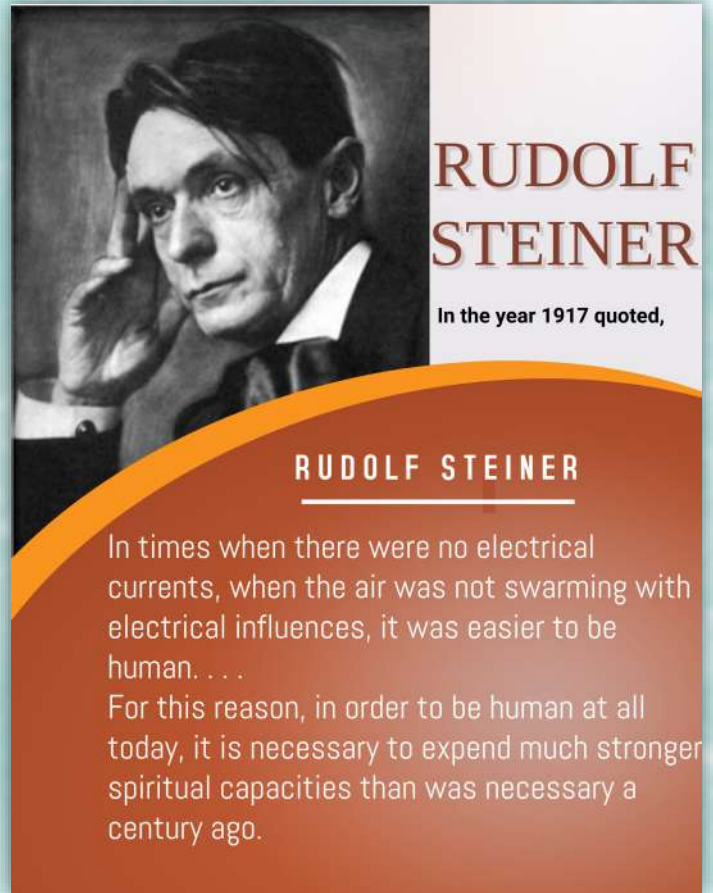
shifted and were overwhelmed with the amount of efforts which were required to progress on those.

We, as an organization, had to ramp up some of the information that was being showcased on the website and elevate it to international standards. One of them was increasing the coverage of WCSC websites, a window to outside world. This was done so that our multi-faceted organisation harnesses technology and provides coverage of the vast gamut of activities being carried out by the WCSC. A plethora of information was collected from all Directorates, compiled and shared with IT for updating on the website. **Inputs, information, infographics and suggestions were provided** to help upscale the website and to enable / increase outreach. Some of those inputs are displayed in the later part of this e-magazine.

VeWa team will relentlessly continue the dedication and commitment to bring forth VeWa in this journey towards Consciousness as guided by our Divine Guru Shri Vethathiri Maharishi. We have endeavoured to consolidate and share all important updates in concise form in **this edition of VeWa covering previous months.**

The world today is being gripped by an organism, a virus, that is questioning human existence. Fear, anxiety, uncertainty and helplessness are the emotions that are overpowering hope, faith, humanity and other positive thoughts. To overcome this

and to spread positive waves, 24-hour meditation, blessing and special speeches was organised for 9 days, **over 207 hours in English and in many Indian languages round the clock gathering of Vethathirians** and spreading health and peace waves around the Universe as one. See the VeWa Online section for more details of the program conducted.



Though this was quoted in 1917, it will continue to be relevant for all decades until humans realize the **true purpose of life and birth.**

All great philosophers, spiritualists, esotericists, acclaimed clairvoyants, seekers of nature & universal truths, our great ancient Indian sages, Maharishis and other Spiritual Masters of different religions and creeds have all echoed the need for





# VeWa Note

elevating consciousness and progressing and treading the path of spirituality.

In all of Swamiji's teachings, the concept of Blessing is supramental and the benefits, teachings and miracles of Blessings are evident throughout the knowledge that he has given to the World. It is one of the most practical methods for happiness and peace.

So how is blessing going to help mankind in the current scenario? Read about this in the *“Cruising through uncertain times”* and *“Powerful Traditional Technique.. unleash it”*.

Before proceeding further, go ahead and **READ** the above two articles **NOW** ([VeWa Cosmic Cube](#) & [VeWa Science](#)). **THEY** are the **MOST** crucial things that the World needs today and **EXTREMELY IMPORTANT** thing that **YOU WILL DO TODAY**

Welcome back, hope you liked what you read, imbibe it and let it implant in your **Genetic Centre**.

Technology is the saving grace in these times. While the entire world is in lockdown, tech like “Zoom”, “Skype”, “Webinars” etc. are helping us zoom out of loneliness and zoom into the circle of togetherness. Read about the various programs organized by the members across the World and the innovative sessions conducted for kids and adults.

Vethathiri Maharishi's teachings always

have a consistent thread of elevating consciousness, connecting to the absolute and Divine, creating a synthesis of science and spirituality. VeWa will continue to bring at the click or swipe of your finger our futuristic Guru's teachings, share with you the SKY Family updates around the World, in addition to other interesting and unique information, content and verses.

Enjoy reading this month's VeWa, and share your feedback by writing back or messaging us. Encourage others to read it and spread the waves of positivity to make this World and Nature a connected place.

Join the mission; **Vethathiri Global Transformation** @

wcsc.vewa@vethathiri.ac.in or

WhatsApp us @ **+91 94870 61370**.

Be Blessed by the Divine. May the whole world enjoy prosperity, happiness and peace.





# VeWa Cosmic Cube

V e t h a t h i r i

## Cruising through uncertain times

*The world is facing unusual and unprecedented circumstances. As Vethathirians, let us analyse these with the guidance and knowledge imparted by Vethathiri Maharishi to the World.*

*The current 'external' situations have a mirror-effect on our internal life. Swamiji said that to have a clear understanding of the mind, one must trace its origin. So it's imperative that in this period of 'lock-down', let us strive to unlock our inner potential; let this disconnection from other people connect us deeper to our true self; let our inability to visit a temple (or any place of worship) bring us to a state where Divine presence is felt and called forth often; let the chaos outside make us discover the peace within; and May we worry less & less about a virus and be more & more involved with our own 'vibrational-alignment' with vitality & wellbeing.*

*New Year is also about new ideas (and we normally seem to associate a new year with new resolutions). Swamiji says, any disturbance occurs in two ways, either through our own actions or through the functioning of natural forces.*

*Let's expand our understanding of self-isolation. Just as we take precautions for our body, our mind too needs intervention, safeguards and nourishment. Throughout history, more people have died in epidemics, from fear (of a disease), than the actual disease itself. And all of us have different levels of immunity to varied opinions, thoughts & news in social media. Our ceaseless passion (for social media) is one area which has many of the low-hanging fruits (for our mental well-being) - that is once we decide which tweets, posts, messages & news are to be read / heard / watched versus what has to be avoided / distanced / 'unfollowed' (at least for the time being). We have heard that a habit crystallizes once we follow it for 21 days. The lock-down of 21 days is prescribed for a similar amount of time!*

*Swamiji believed that through natural providence, man is blessed with a worthy body and valuable knowledge. The resources for life on earth are surplus but the selfishness and temperamental mood developed by unchecked ego is spoiling the life.*





*Nature is the commander and it is giving humanity a chance to rediscover the purpose of life, to rewind through time, recollect the reasons for imbalance and to revisit the process of evolution and connect to Nature in its entirety.*

*Man was basking at the top of the evolutionary pyramid, drugged with power and greed, ignoring the force of Mother Nature and how much he depends on her every moment of his life, even for survival.*

*Nature has not only shattered the ego of Man, but is establishing itself as the ultimate balancer. Through lockdown and social distancing, living needs and lifestyle needs are being segregated, the understanding of essentials, comforts and luxury is dawning across classes.*

*While the earth is healing with reduced human interference, let us fully comprehend Swamiji's teachings of elevating consciousness, of the omnipresent and all-pervasive phenomenon exhibiting itself as order of function throughout the*

*Universe.*

*Let us heed Vethathiri Maharishi's ominous warning: "If Humanity does not mend its ways, the Universal Might will teach a lesson".*

*That is the statement he intuitively made just a few hours before the attack on the Twin Towers.*

*At least now let us start changing our lives, segregate needs and greed, learn to live in harmony with self, society and Nature, Understand the Cause and Effect system as Divine Law which no one can break without paying a huge price for it.*

*Let our economic, social, political and legal setups be revisited and let wisdom guide us and not brute force. Let leaders of the world get together and draw up a plan for the entire humanity for the welfare of all living beings and not for select few at the cost of everyone including their own downfall.*



***"If Humanity does not mend its ways, the Universal Might will teach a lesson".***

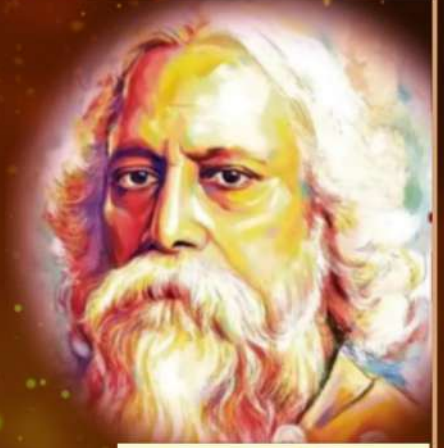




## Let us remind ourselves the words of Rabindranath Tagore and put these into practice at all levels



"Where knowledge is free;  
 where the world has not been broken up  
 into fragments  
 by narrow domestic walls;  
 where words come out from the depth of  
 Truth;  
 where tireless striving stretches its arms  
 towards perfection;  
 where the clear stream of reason has not  
 lost its way  
 into the dreary desert sand of dead habit;  
 where the mind is led forward by thee  
 into ever-widening thought and action,  
 into that heaven of freedom, my Father, let  
 my country **NAY WORLD** awake."



RABINDRANATH

**TAGORE**



The weak have no place here, in this life or in any other life. Weakness leads to slavery. Weakness leads to all kinds of misery; physical and mental. Weakness is death. There are hundreds of thousands of microbes surrounding us, but they cannot harm us unless we become weak, until the body is ready and predisposed to receive them.

There may be a million microbes of misery, floating about us. Never mind! They dare not approach us, they have no power to get a hold on us, until the mind is weakened.

**This is the great fact; strength is life, weakness is death. Strength is felicity, life eternal, immortal; weakness is constant strain and misery; weakness is death.**



WEAKNESS

— Swami Vivekanandha







I was in the usual rush, trying to reach the meeting on time, browsing my phone walking briskly with a million thoughts in my head. Radha, the analyst sees me and wishes me "Good Morning". Without even giving her a glance, I said "Good Morning, how are you?" and walked away.



I didn't even wait to hear a reply, and it was much later, while the mind was quiet, it started rewinding and connecting to that moment, where her reply was "Morning, not so good Sir".

Many of us go through life routinely without empathising or even paying the minutest attention.

A wave carries with it all the qualities of the source from which it originates: physical, chemical, psychic etc. and are transmitted to the object which receives it.

**B**LESSINGS are *Thought waves* which carry positive vibrations.

We generally say Hello, Good morning, Namaste etc. These are nothing but blessings only, but we do it mechanically without knowing the science behind it. Just words do not bring results. Then how do you make it work? Let us try to understand the science behind the *Blessings*.

It is like the smell of the Rose flower impacting all the objects on which the rose wave falls. When we direct a thought to a person, it does five actions. So, if we want others to be good, let us start sending positive, fragrant waves. But How?



Swamiji has explained the Wave Theory in depth and helped us to understand the powerful technique in simple terms.

When we bless others, first thing that happens is that you yourself get blessed





automatically. The good vibration of the thought makes a positive physical, chemical and psychological change in you.

A counter example would help us to understand this. When we get angry with someone, what happens to us? Our Blood pressure increases, eyes become red etc. Similarly, when we bless, first the positive impact will be on us. Then, this impacts the person on whom it is directed in a positive manner.

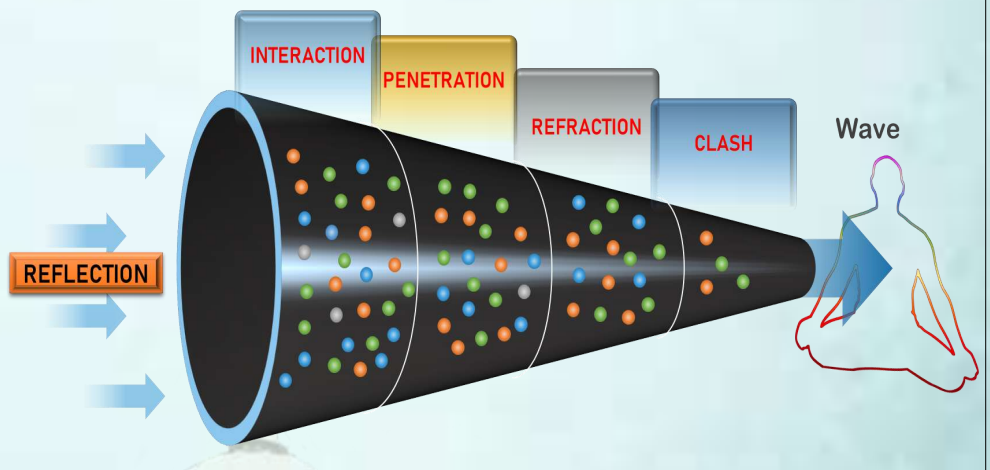


A portion of the waves reflect and come back to

you. A portion of the waves refract and influence those around too. A portion of the waves keep interacting between the two and a portion of the waves penetrate.

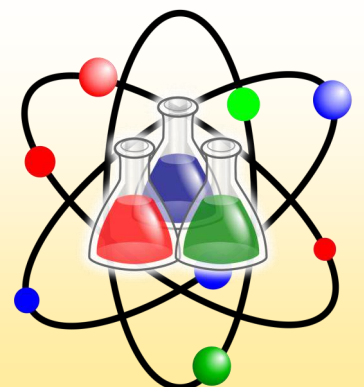


In short- Clash, Reflection, Refraction, Penetration and Interaction are the five-fold actions of the thought waves. See how beneficial the result will be, with its multifarious effects on both the sender and the receiver as well as on others. In fact, it is more potent than *mantras*.



## Proven science:

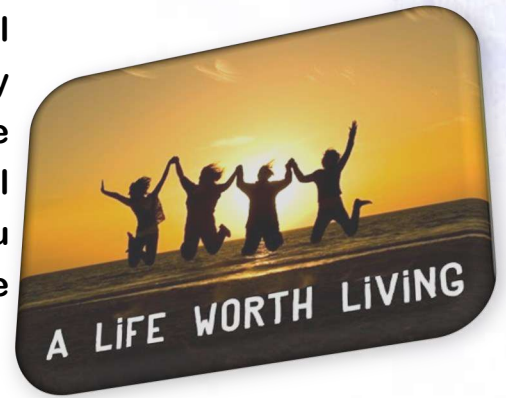
**We attract situation as per our thoughts only. If we keep thinking that my child is not good, my wife/husband/boss/subordinate is not treating me well, our own thought wave will make the situation worse, as we are the ones strengthening those waves. We can change the situation by sending positive waves through Blessing.**





## Harmony in Life

Blessings without remembering the ill feelings only will bring results. Shri Vethathiri Maharishi says, at any point of time there can be only one thought. So, while we consider the individual as someone for who we have ill feeling/enmity, we cannot bless and similarly, when you bless wholeheartedly, at that moment, you cannot have enmity.



Hence, to bless we should have only one dominating thought or feeling towards the person. The reason for not getting results is that we don't bless wholeheartedly, having enmity or negativity inside. So, the wave carries our negativity also, which weakens our prayers and blessings.

In the beginning, it will be difficult but as we keep doing it, the habit of not having the feeling of enmity will increase and sooner than later, the feeling of enmity will vanish from your heart and influence the other person too.

A thought wave will bring results depending on the intensity of the wave sent and the quality of the receiver. So, we have to bless with patience, forgetting the enmity at the time of blessing and minimizing the expectation. A parent blessing the child should do so irrespective of the nature of the child. This slowly influences the child physically and mentally and brings about the required change. Patience is the key for desired result.

Blessing with agitated mind will carry only the agitated waves. Bringing the mind to a very calm state and without any expectation of results is primary to send the positive waves. Such a process of blessings will bring magic in our life.

That is why Swamiji has added a significant clause while he asks us to bless our enemies or miscreants. It is "if any". In due course we will find that we will not consider anyone as enemy at all.

Imagine how light our heart would be and how bright the life would be.

## Harmony at Office/Society

An employee having a tough boss with lots of clashes everyday will have a troubled life at all levels. Blessing the boss everyday sincerely will bring a change depending on the law of Nature.



If the necessary change in their attitude does not happen, either the employee or the boss will be transferred bringing about peace. Similarly the negative effect of a torturing neighbour can be nullified or positive change can be brought about.





A river flowing down the stream has millions of droplets. Each droplet is separate and unique. But, they appear as sheets of waters flowing down in unison as continuous flow of water.

Similarly, there are hundreds of thoughts that occupy our mind but, between every two thoughts there is a gap, however miniscule.

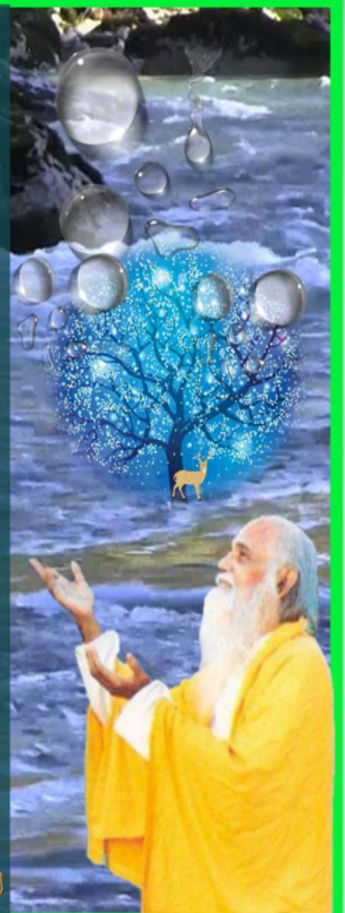
There can be only one thought, like each droplet in the continuous stream of water. Therefore it is up to us to decide the character of that thought.

At a particular moment while blessing a person whole heartedly, vile or enmity thoughts cannot be there.

Practicing this regularly will create a subconscious transformation which will completely seed out the animosity against the individual.



~ Vethathiri Maharishi



## Harmony at home

**An interesting incident:** In Delhi, a couple was not talking to each other for years due to some misunderstanding, though they were living in the same house with three kids. Knowing this Maharishi asked the man to bless his spouse regularly after meditation.

During his next visit to Delhi, Maharishi found that the relationship between the husband and wife had changed to a harmonious one.

On enquiring, the husband replied that he improvised Swamiji's teaching and instead of just blessing her (his wife) as life partner, he also blessed her as a boss and as an enemy. This had a three fold effect on the relationship.

His continuous blessing waves not only transformed his wife but also his attitude towards her.





### **How to bless:**

If you don't know meditation, just sit quietly, relax your mind, forget the enmity with the person, visualise the person and bless saying '**Vazhga Valamudan**' or '**Be blessed by the Divine**'.

### **When to bless:**

There is no time or place for blessing, it can be done at any time during any activity or even while relaxing, travelling, eating etc. This habit creates a strong bond between the two. By this simple technique we can communicate without our dangerous radiating instruments. This powerful technique was followed by our great sages, and we need to revive the same.

### **Start your day:**

Wake up and say the below 10 times -

'**May the whole world enjoy prosperity, happiness and peace**' or in Tamil '**Vazhga Vaiyagam, Vazhga Vaiyagam, Vazhga Valamudan**'.

This will be great social service towards World Peace starting from individual peace. Start by blessing self (**Auto-suggestion**) three times: "**By the grace of the Divine I may enjoy good health, long life, prosperity, wisdom and peace**". Then bless your family members, friends, office colleagues and even enemies and see the change for yourself.

### **At your place of work/office:**

On reaching your place of work, relax for a minute then repeat the blessing three times to create a positive wave around you- '**The Divine power may protect me, guide me and lead me in all my activities, day and night, in all places, at all times.**'

**BLESSING IS A SILENT SERVICE FOR WELFARE OF THE MANKIND.**

**IT'S A GREAT BOON TO THE LIFE AT ALL THE LEVELS.**











## COVID - 19

From the UN Secretary-General  
Secretary-General António Guterres



UN Secretary General described the current pandemic that is gripping Humanity as the worst crisis since World War 2



"Clearly, we must fight the virus for all of humanity, with a focus on people, especially the most affected: women, older persons, youth, low-wage workers, small and medium enterprises, the informal sector and vulnerable groups".

[www.un.org](http://www.un.org)

*He further stated "It has underscored and exacerbated inequalities, above all gender inequity, laying bare the way in which the formal economy has been sustained on the back of invisible and unpaid care labour. It has highlighted ongoing human rights challenges, including stigma and violence against women.*

*sustainable economies and societies that are more resilient in the face of pandemics, climate change and other global challenges. The recovery must lead to a different economy. Our roadmap remains the 2030 Agenda and Sustainable Development Goals.*

*Ending the pandemic everywhere is both a moral imperative and a matter of enlightened self-interest. At this unusual*

**N**ow is the time to redouble our efforts to build more inclusive and





*moment, we cannot resort to the usual tools. Extraordinary times demand extraordinary measures. We face a colossal test which demands decisive, coordinated and innovative action from all, for all."*

***Swamiji witnessed the manmade catastrophe of the Second World War. It was that global human folly which made him to start the World Community Service Centre in 1958.***

*It was very clear to him that that any artificial borders created by Man out of Ego or carelessness would only create more problems. In his "World Peace" book he has outlined in great detail his plans for the whole world to be prosperous, happy and healthy. It is opportune time to revisit it. He has also addressed the UN giving his views as to how peace has to start from the individual and has given detailed plans presenting alternate political, economic and social structures without creating any unrest or revolution or loss to any group or country.*

*Maharishi's plans merge beautifully with the 2030 sustainable goals of the UN.*

*Maharishi did not merely give us plans,*

# CORONAVIRUS

Significant takeaways from Secretary-General António Guterres talk.

- The recovery from the COVID-19 crisis must lead to a different economy"
- This war needs a war-time plan to fight it"
- This is the moment to step up for the vulnerable"
- The fury of the virus illustrates the folly of war
- Our world faces a common enemy: COVID-19. The virus does not care about race or nationality, faction or faith. It attacks all, relentlessly. Meanwhile, armed conflict rages on around the world.

This is, above all, a human crisis that calls for solidarity. In our interconnected world, we are only as strong as the weakest health systems.

The pandemic has reminded us, in the starkest way possible, of the price we pay for weaknesses in health systems, social protections and public services.

FOR MORE INFORMATION [www.un.org](http://www.un.org)

*he has given clear road maps to implement them. It is important that these are taken to the leaders of the UNO and to all leaders of the World.*







# Disaster or Balancing Acts of Nature

*Events around the World 2019-2020*

● **May we all arise, awake and stop not till the goal is reached**







# VeWa Sprouts

(Upcoming Events)

**World Peace**

Conducted by SKY professor **S.Muthu - Qatar** & other SKY professors

**Success of first batch 600 attended on Demand - Second session now**

- Life at 360° IQ-EQ-SQ
- How to manage toxic people
- 6 Root causes for diseases
- Key to unlock the power of subconscious mind
- Alchemy of stress management
- 3 Ways to handle negative thoughts
- How to make Law of Karma in favour of my life
- How to enrich harmony in family?

**Language English**

**11th April 2020 to 17th April Daily**  
From 6.00 pm to 7.30 pm  
in Qatar & Kuwait time

Register through WhatsApp +974 30083819 (Qatar) or skyyoga

**Free Online & Meditation Group Prayer Session**

Attention to Social distancing, managing anxiety, stress, group prayers are very important. Simplified Kundalini Yoga (SKY) offers free Tamil/English meditation and group prayer

**Every Saturday**  
Tamil Session - 09:00 a.m - 10:00 a.m EST  
English Session - 10:00 a.m - 11:00 a.m EST  
Dial #: 605-313-5144 Participation Code : 731211

**ADULTS & KIDS ONLINE YOGA CLASSES**  
Register: <https://tinyurl.com/SKYOnlineMeditation>  
BOOST YOUR IMMUNITY & IMPROVED ENERGY AND VITALITY. REDUCE STRESS  
Classes Starting Tuesday April 7 2020  
All current students will be automatically enrolled to online classes

**Yoga, Exercise & Pranayama**

Let's make the best out of Corona Quarantine

FREE

- Enhances awareness.
- Improves intellectual sharpness and understanding.
- Improves the soft skills.
- Increases the will power and concentration.
- Increases management talents.

"Every child You encounter is a Divine appointment"

**For 8 to 14 years old**  
Starting Mar 25, 2020

Weekdays 9:30 PM

## Yoga Workshop

**MOVEMENT | BREATH | LIFE**

Breathe correctly and exercise your lungs  
Activate energy points for a brisk day  
Energy body joints for a smooth movement  
Reactivate vital organs through varma points

**Session Info**  
April 11 & 12, 2020  
5 - 6 am PST | 7 - 8 am PST | 8 - 9 am EST

**What you will Learn?**  
A complete set of Simplified Yoga Exercises  
Empty stomach, Drinks ok.  
Carpeted floor or Yoga mat  
Age Limit: 8 - 80  
Register at: <https://bit.ly/2V2Pa>

**Instructor**  
Murali Krishnan S  
Professor of Simplified Kundalini Yoga  
SKY Meditation Center / The World Community

**SKY ENERGY, and health;**  
Systematized by Yogiraj Sri Vethathiri Manarishi and gifted to humanity

**Why learn Kaya kalpa Yoga?**

- Anti-Ageing**  
- Withstand Ageing Process  
- Live youthfully throughout life
- Build Immunity**  
- Prevent diseases  
- Better health
- Live Long**  
- Withstand genetics deficiencies
- Easy to practice**  
- Takes only 5 mins in the morning and 5 mins in the evening to practice

On Sunday April 5th, 2020 at 9 AM CST to Noon  
Zoom Online: <https://zoom.us/j/682105214>

**Contact for Midwest Zone** Mrs & Mr. Balaji Ph: +1 (847) 257-6582  
**Contact for Eastern Zone** Mrs & Mr. Sathyaprakash Ph: +1 (678) 640-7806

**Introspection - 1 (Telugu)**  
from 27 Mar (5am - 7:30am)  
Hyderabad SKY Trust







## Ambassadors

Visiting Professors	Trust/Zone	Visiting Country	Date From	Date To
R. Banumathi	Thanjavur	Sri Lanka	04-Jan-2020	01-Feb-2020
G. Purushothaman	Chennai	USA	08-Sep-2019	07-Feb-2020
M. Venkatachalapathy	Chennai	Malaysia	21-Jan-2020	18-Feb-2020
T. Kanchinathan	Chennai	Singapore	12-Dec-2019	29-Feb-2020
S. Kalavathi	Chennai	Kuwait	21-Feb-2020	29-Feb-2020
M. Panchabikesan	Kumbakonam	Singapore	08-Jan-2020	07-Mar-2020
D. Lilly Bai	Thanjavur	Sri Lanka	10-Feb-2020	09-Mar-2020
S. Indra	Tirunelveli	Sri Lanka	12-Feb-2020	11-Mar-2020
K. Chandrasekaran	Mumbai	USA	12-Dec-2019	12-Mar-2020
C. Hemalatha	Mumbai	USA	12-Dec-2019	12-Mar-2020
K. Perumal	Aliyar	Dubai	07-Feb-2020	14-Mar-2020
S. Sekhar	Chennai	Dubai	05-Mar-2020	15-Mar-2020
S. Kalavathi	Chennai	Dubai	05-Mar-2020	15-Mar-2020
G. Balachandran	Aliyar	Singapore/Malaysia/ Gulf	Jan & Mar 2020	Jan & Mar 2020

*Request to visiting  
Professors*

Mail us details of your  
visits and share  
activity photos

[wcsc.osfc@vethathiri.ac.in](mailto:wcsc.osfc@vethathiri.ac.in)

Give us an opportunity to  
showcase your services abroad  
through VeWa  
Ambassador Album







With advancement in technology, world is now at fingertips and has shrunk to screen size. Swamiji's wisdom words are now easily accessible to entire World community in the languages of their choice.

Multiple languages, multiple forums - Waves of Vethathiri is creating transformational energy fields across the Globe to form a World filled with Peace.

Urge and Encourage each to share this in multiple websites/social media, with friends, colleagues, groups and in your Centres.

VeWaves

We are LIVE Online

**VeWa**  
Vethathiri

Zooming out distances &  
Zooming into positivity

President's communication to SKY Family World wide motivated all the centres locally in India and also those Globally to conduct Zoom sessions and connect the members harnessing Technology.

24-hour Blessings & Meditation

Zoom LIVE

YourQuote

Medium

YouTube

Pinterest

Instagram

Facebook

Twitter

### VEWA VETHATHIRI - YOUTUBE in many Languages – Subscribe

27th March 2020

Corona-safeguard lungs inc

1:24:35

Vethathiri Maharishi's Holistic Solutions To The...

7:27

Five Elements Nine Planets Mediation -English, in...

33:11

Positive and transformation during Corona time

2:02

UNDERSTANDING LIFE @ 360

Life @ 360 attract success-7 days program in English-By...

3:19

Telugu Meditation Thuriyatheetham - తెలుగు...

33:03

“VeWa Vethathiri” - Wisdom of Vethathiri Maharishi comes in different National and International languages in different forms like Vetha Pearls, eVSP, YouTube videos and many more. With the support of each member of the vast SKY family these messages can create ripples of Daily Spiritual Revolution. **Subscribe** to follow everyday. **Sharing is Caring, Share for creating** a Transformational Vethathirian Society.





# VeWa Online

Vethathiri

Online Platform Connecting SKY Members around the World

Sessions in Multiple languages



- 9 Days of 24-hour round the clock session ~35000 participations

- 24-hour round the clock Blessings, Meditation, Swamiji's speech, Special lectures by SKY professors;

## 207 hours of round the clock Vethathirian Convention

## ZOOM ONLINE

Qatar, UAE, Saudi, Bahrain, Kuwait, Oman, Bengal, Kerala, Karnataka, Delhi, Andhra, Mumbai, Malaysia, Australia, Singapore, USA, UK, Swiss, Norway, Hindi, Malayalam, Bengali, Marati, Kannada, Telugu, Sri Lanka, Thailand, Family Harmony, Kids Session, Adults Session

24 hours Blessing & Meditation: How can I keep ill and stay healthy in these unprecedented times? STARTS AT 7.00 PM IST- Tamil

22nd March 2020 - e-Connecting SKY Unified Force: Have you joined us in creating Multiple Languages Platform - Zoom Voice - Vethathirian Message - World Health & Peace WSCS - World Citizen Connection - Universal Vethathirium Goal - Creating synergic vibration

27th March 2020: Humanity is facing an existential crisis. How do we ensure how you can do the best to these extraordinary times? Lung Biology in the context of corona and meditation. Keep your lungs healthy.

26th March 2020: 24 hours nonstop blessing Started 20th March 2020. Be the antenna to receive, broadcast and spread the Celestial Energy Waves around you and the Globe.

27th March 2020: Over 200 hours of round the clock Blessing, Meditation and Special Speeches

HEALTH DOCTOR: How can you help in this crisis? Unified Vethathirian Power

- Meditation In Kannada, Bengali, Hindi, Marathi, Tamil, Malayalam, Telugu and English languages;

- Active participation by WSCS coordinators and members through single platform organized by WSCS Directorate OSFC







Human beings experience four perceptions. They are: Pleasure, Pain, Peace and Ecstasy.

मनुष्य में सुख, दुःख, शांति और परमानंद आदि चार अनुभूतियां होती हैं।

Hindi

**e-VSP**

www.vethathirigramam.org

**e-VSP**

ஆலயம் - ஆலயம் + ஊயம்.

ஆலயமானவையமாகும் இடம் ஆலயம்

Temples - Soul + harmonium

Temples is the place where the SOUL gets harmonized with the Divine -

ஆலயம் = ஆலயம் + ஊயம்

ஆலயமானவையமாகும் இடம் ஆலயம்

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**e-Village Service Project**

அறிவை உணர்ச்சி வெல்வது இயல்தல், அறிவால் உணர்ச்சியை வெல்வது உயர்வு.

Emotions conquering wisdom is natural But wisdom conquering emotions is great.

भावना विजित की जीतना स्वाभाविक है पर विवेक भावना को जीतना उमम है।

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**e-VSP**

தவந்திரம் வலிமையால் மனதில் விரிதல் தன்மை கூடுகிறது. மன உறுதி தான் மனவலி. மனம் உறுது மனவலிதான் உறுதி. உறுதி உறுதியை திறக்கிறது.

Meditation enhances the expanding OR expansion capacity of the mind, enriches its strength. The mind remains undisturbed and stands firm in any activity.

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Analysis of the benefits from anger will reveal that nothing good comes out of it. In this light of clarity awareness will set in.

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अगर हम विचार करे कि क्रोध से आज तक हमने क्या फायदा हुआ है तो हम स्पष्ट रूप से देख पाएंगे कि क्रोध से कभी कोई फायदा नहीं मिला है। इस जान से, आगे जब भी हमें क्रोध आएगा तब तुरंत दिमाग में यह जागरूकता भी आएगी।

**e-VSP**

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**e-VSP**

பழக்க பழிவுகளிலிருந்து தன்மை விடுவதற்கு, வினாகுப் பழிவற்ற வழி பழக்தல் தான் ஒரே வழி தான்.

YOGA is the only way to liberate oneself from habit borne imprints and cultivate imprints of wisdom and thus transform one's life.

योग ही एकमात्र मार्ग है जिससे मनुष्य अदृष्ट की छाया से मुक्तता पाकर, विवेक की धारा प्राप्त कर, अपने जीवन को पूरी तरह बदल सकता है।

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**e-VSP**

உடனடியில் சிறந்தவர்கட்கடவுள்கள் நாடுவார்கள. கடவுள்கள் உணர்ந்தவர்கட்கடனடியில் வாழ்வார்கள்.

One who exerts in his duties would seek God. Whereas one who has Realized God, would lead a dutiful life.

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**31-3-2020**

சிவம், ஊயம் இரண்டும் ஒரு முனிதான் வாழ்வை சிந்தனையில் உடைய உட்கூறும்.

Anger and fear are two more fires that can totally devastate a person's life.

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Few infographics recommended in our Websites

Overstressed individuals  
 Changed and lost over their lifestyles  
 Freely stress due to high intellectual activity  
 Competitive environment  
 Poor pressure  
 Digitization  
 Overload of access information  
 Mind influences

Generation of high stress leading to depression & anxiety

**STUDENTS CAMP**  
 OVERALL DEVELOPMENT

anatomical skeletal physiological functional muscular intellectual

physical & emotional aspects

**How and Who**

\$12 per day - all you need to make a difference to hundreds of life

How various impacts in India

**Vision- Multi Thematic Focus**

Body  
 Mind  
 Society  
 Environment  
 Spirituality

Why get to SKY Students' Camp

Kamp provides a home away from home in Nature's lap and enables each student to connect with Nature

**Adopt a Village, Who can contribute**

- Groups of Individuals
  - Relatives/Friends/Colleagues
  - Incident / Apartment Associations
  - People in your locality
- Corporates- CSR
  - CSR Initiatives
  - Team Activities/Projects
  - Social Welfare Activities
- Celebrities
  - SKY Trusts and Centres
  - Well-wishers / Patrons

**WCSC - Research Wing**  
 SKY Research Centre

Five of the major organizations supporting the projects:

- Department of Science and Technology
- Defence Research and Development (DRDO)
- Ministry of AYUSH, Government of India
- The National Institute of Human Health and Resources (NIHHR)
- Give2Asia
- S-Vision, Bangalore
- AAETV University, Delhi
- Arundel Research Centre, Suburban
- Tamil Nadu Agricultural University (TNAU)

Who are not supposed to mind. May not support in Words, Money and May not stand in our paths for this, unless we are DIFF. They are problem solvers!





# VeWa Blossom

Singapore



Malaysia

Australia

USA



Social Welfare  
Residential Armed forces  
Degree College for  
Women @ Hyderabad



Introspection 1 @ Mumbai

Kayakalpa Yoga @ Cairn India, Haryana



ToC fund Raising **SRI LANKA** BGC @ Jaffna

fC @ Bhubaneswar





When we bid adieu to 2019, little did we know what we had in store for humanity for 2020.  
 With 2020, there was a barrage of Natural Disasters that had occurred or continue to occur in the first few months.  
 We need to learn that, Humans, though we are at the top of the evolutionary pyramid, do not have the right to take Mother Earth for granted.

**Newton's law—  
 "Every action has  
 an equal and  
 opposite reaction"  
 is the Universal  
 law,**

**VeWa**  
 Vethathiri

Let's  
**STOP**  
**COVID-19**

**so is Swamiji's  
 teaching on the  
 unfailing law of  
 Nature - The Law  
 of Cause and  
 effect.**

Your quote  
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 YouTube

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**VeWa**  
 Vethathiri



From  
**The World Community Service Centre**  
 Directorate of Other States and Foreign Countries  
 Temple of Consciousness, Aliyar

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