

Learning Competencies

- Discuss the nature of the different dances (PEH12FH-Ia-19)

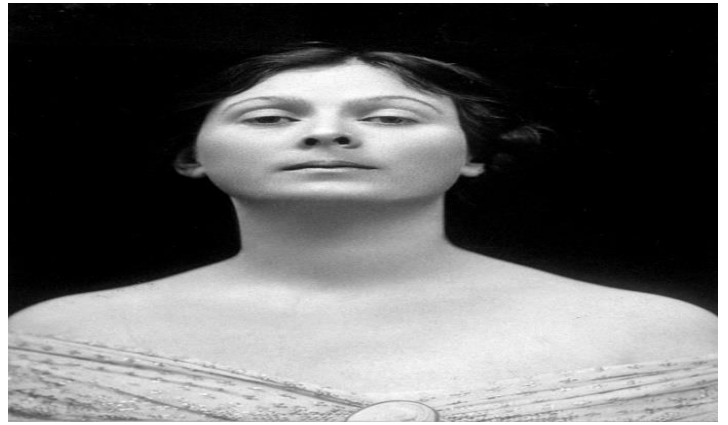
Activity

Instructions:
I will be showing some pictures and you will identify the pictures if its Philippine Folk Dance or Modern Dance.



ISADORA DUNCAN

- Known as the "Mother of Modern Dance", she was also a self-styled revolutionary whose influence spread from American to Europe and Russia, creating a sensation everywhere she performed. Was an American pioneer of dance and is an important figure both in the arts and history



What is Modern Dance?

Modern dance is a form of dance that does away with many of the strict conventions of classical ballet and instead emphasizes the expression of inner sentiments. Modern dance is a sort of creative dance that combines modern style with abstract movements to express thoughts, sentiments, and emotions. Despite its origins in a rejection of traditional ballet techniques, modern dance has evolved into a distinct art form that can stand on its own. Modern dance uses a variety of movements, such as no boundaries and the use of space to formulate a unique style.

TYPES OF MODERN DANCE

CONTEMPORARY DANCE

- It is a form of expressive dance that incorporates components of jazz, lyrical, modern, and classical ballet



BALLET DANCE

- Ballet is a theatrical genre of dance with extremely regimented postures and movements. It speaks emotions, a story, an environment, or a topic through body language, music, and stage scenery. Ballet dancers often use pantomime to clarify the movement. They have the capability to convey stories that bring an audience to another world.



JAZZ DANCE

- It incorporated unique moves, elaborate foot work, large leaps, rapid turns, and imaginative improvisation to bring an energetic and entertaining experience.



BALLROOM DANCE

- Refers to conventional partnered dance styles performed by a couple, frequently in the close dance position (or embrace). These include the blues, waltz, swing, tango, and salsa.



BELLY DANCE

- Traditional Middle Eastern dancing was formerly known by the westernized label "belly dance."



HIPHOP DANCE

- an extremely energetic style of dance. It is distinctive as it gives the dancers opportunity to express themselves and bring their own personality to the performance.



STREET DANCE

- is a dance style that evolved outside dance studios in any available open space such as streets, dance parties, block parties, parks, school yards, raves, and night clubs.

FREESTYLE DANCE

- is a way of dancing in which the dancer improvises his/her moves on the spot, he/she dances, instead of having it planned beforehand.

ACTIVITY

Instruction: You will be assigned to any type of Modern Dance and you will create your own routine or choreography that is in accordance on the assigned modern dance. You will be group in to 8.

Summary/Synthesis

Modern dance classes contribute to healthier kids today and better-balanced adults in the future by teaching students to access their emotions and translate them into physical motion. Modern Dance offers dancers a chance to explore their creativity through movement.

References

- <https://www.masterclass.com/articles/modern-dance-explained> (**What is Modern Dance**)
- [Dance for life unit 3 \(k12\)](#) (**Types of Modern Dance**)
- <https://balletcenterofhouston.com/modern-dance-benefits-ballet-dancers/> (**Modern Dance**)

Dance for Life K12 CURRICULUM (H.O.P.E for SHS)

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Yr and Section: _____

Date: _____
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ASSESSMENT- WEEK5

Test I. IDENTIFICATION

Instruction: Identify what type of dance it is based on the given statement. Write your answer on the space provided.

- _____ 1. She is the Mother of Modern Dance.
- _____ 2. A dance style that evolved outside dance studios in any available open space such as streets, dance parties, block parties, parks, school yards, raves, and night clubs.
- _____ 3. A way of dancing in which the dancer improvises his/her moves on the spot, he/she dances, instead of having it planned beforehand.
- _____ 4. Refers to conventional partnered dance styles performed by a couple, frequently in the close dance position (or embrace). These include the blues, waltz, swing, tango, and salsa.
- _____ 5. It speaks emotions, a story, an environment, or a topic through body language, music, and stage scenery.
- _____ 6. An extremely energetic style of dance.
- _____ 7. It incorporated unique moves, elaborate foot work, large leaps, rapid turns, and imaginative improvisation to bring an energetic and entertaining experience.
- _____ 8. It is a form of expressive dance that incorporates components of jazz, lyrical, modern, and classical ballet.
- _____ 9. Traditional Middle Eastern dancing was formerly known by the westernized label "belly dance."
- _____ 10. A form of dance that does away with many of the strict conventions of classical ballet and instead emphasizes the expression of inner sentiments.