

Learning Competencies

- Discuss the nature of different dances(PEH12FH-Ia-19)

Festivals in Visayas

The Visayas is home to major Philippine religious and cultural festivals such as **Ati-atihan Festival**, **Dinagyang Festival**, and **Sinulog Festival** in January, the **Pintados Festival** every June and the **MassKara Festival** in October.



ATI-ATIHAN FESTIVAL

- **Ati-Atihan Festival**, is a Philippine festival held annually in **January** in honor of the **Santo Niño (Holy Child or Infant Jesus)** in several towns of the province of **Aklan, Panay Island**. The biggest celebration is held during the third Sunday of January in the town of Kalibo, the province's capital. The name Ati-Atihan means "to imitate the Ati people".
- The street parade is known as **Sadsad**, which is also what the locals call their way of dancing where the foot is momentarily dragged along the ground in tune to the beat played by the marching bands.



DIGANAGYANG FESTIVAL

- The **Dinagyang Festival** is a religious and cultural festival in **Iloilo City, Philippines**, held annually on the **4th Sunday of January**, or right after the Sinulog in Cebu and the Ati-Atihan Festival in Kalibo, Aklan.
- The word **Dinagyang** came from a Hiligaynon word extrapolated from **dágyang**, meaning "merrymaking."



SINULOG FESTIVAL

- For 32 years, the Sinulog Festival is a traditional celebration in Cebu City held every third Sunday of January to honor the Santo Niño (Child Jesus). Basically, the festival is done by a dance ritual, in which it tells the story of the Filipino people's pagan past and their acceptance of Christianity.
- It is called **Sinulog** because of the dance ritual performed during the festival. The term “**Sinulog**” refers to the dance ritual performed in honor of the Santo Niño. The name comes from the Cebuano word “**sinug,**” which means “**like water current.**”



PINTADOS FESTIVAL

- The **Pintados Festival** is a cultural-religious celebration in **Tacloban** based on the body-painting traditions of the ancient tattooed “**pintados**” warriors. The **Pintados Festival** is held on **June 29** in **Tacloban City, Leyte**.
- More than just celebrating the feast of the Santo Niño, this festival also commemorates the pre-Spanish tradition of tattooing among warriors locally known as pintados.



MASSKARA FESTIVAL

- **MassKara Dance Festival** is a yearly event held every **fourth Sunday** of **October** in **Bacolod City, Philippines**. The event features dancers wearing colorful masks, costumes, and headdresses.
- People celebrate the MassKara Festival to uplift the spirits of locals. They originally celebrated the event because of two main tragedies— a ferry accident and the collapse of sugar prices in the 1980s.

Activity

Instructions: I will be showing you some pictures and you will need to identify what FESTIVAL is it, where is it originated and when will be this celebrated. (The students will be group into 3 and they'll just use the Tag Board to raise their answers).

Summary

Regardless of celebration level, fiesta is beneficial emotionally and economically to many of us. It gives avenue to our local producers to exhibit their products and generate income. This also enable schools to showcase their talents by participating in events and competitions. This also attracts foreign and local tourism to explore the beauty of our homeland. And most importantly, it gives our identity because of our diverse culture and tradition.

Reference:

- <https://wikitravel.org/en/Visayas> (Visayas Festival)
- https://en.wikipedia.org/wiki/Ati-Atihan_festival (Ati-Atihan Festival)
- <https://en.wikipedia.org/wiki/Dinagyang> (Dinagyang Festival)
- <https://asiasociety.org/philippines/it%E2%80%99s-more-fun-philippines-sinulog-festival-fever> (Sinulog Festival)
- <https://hicaps.com.ph/pintados-festival/#:~:text=Pintados%20is%20celebrated%20every%20year,pintados%E2%80%9D%20warriors%20painted%20their%20bodies.> (Pintados Festival)
- <https://hicaps.com.ph/masskara-festival/#:~:text=People%20celebrate%20the%20MassKara%20Festival,sugar%20prices%20in%20the%201980s.> (Masskara Festival)

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Physical Education and Health 3
SY.2023-2024

Name: _____
Yr and Sec: _____

Date: _____
Teacher: _____

ASSESSMENT- WEEK 15

Instructions: Encircle the letter of the correct answer.

1. A Philippine festival held annually in January in honor of the Santo Niño (Holy Child or Infant Jesus) in several towns of the province of Aklan, Panay Island?
a. Sinulog Festival b. Dinagyang Festival c. Ati-Atihan Festival
2. A yearly event held every fourth Sunday of October in Bacolod City, Philippines?
a. Sinulog Festival b. Masskara Dance Festival c. Ati-Atihan Festival
3. A religious and cultural festival in Iloilo City, Philippines, held annually on the 4th Sunday of January?
a. Sinulog Festival b. Dinagyang Festival c. Ati-Atihan Festival
4. The word **Dinagyang** came from a Hiligaynon word extrapolated from **dágyang**, meaning?
a. Merrymaking b. Dagyang c. Sulog
5. The name comes from the Cebuano word “**sinug**,” which means?
a. Like Water Current b. Dagyang c. Sulog
6. A traditional celebration in Cebu City held every third Sunday of January to honor the Santo Niño (Child Jesus)?
a. Sinulog Festival b. Dinagyang Festival c. Ati-Atihan Festival
7. Locals call their way of dancing where the foot is momentarily dragged along the ground in tune to the beat played by the marching bands?
a. Sadsad b. Dagyang c. Sinug
8. MassKara Dance Festival is a yearly event held every fourth Sunday of October in Bacolod City, Philippines. They originally celebrated the event because of two main tragedies?
a. A ferry accident and the collapse of sugar prices
b. This festival also commemorates the pre-Spanish tradition of tattooing among warriors
c. It tells the story of the Filipino people's pagan past and their acceptance of Christianity.
9. What Festival is held on June 29 in Tacloban City, Leyte?
a. Sinulog Festival b. Pintados Festival c. Ati-Atihan Festival
10. The name Ati-Atihan means?
a. "to imitate the Ati people".
b. "like water current."
c. "merrymaking."