

Learning Competencies

- Discuss the nature of different dances(PEH12FH-Ia-19)



PANAGBENGA FESTIVAL

- **Panagbenga** is an annual flower festival celebrated every **February** which takes place in **Baguio City, Philippines**. The term "Panagbenga" comes from a **Kankanaey** term meaning "**season of blooming**". This festival reflects the history, traditions and values of Baguio and the Cordilleras.
- **Panagbenga Festival** is the most famous for its float parade featuring the stunning beauty of the flowers grown in the city.



PAHIYAS FESTIVAL

- **Pahiyas** is one of the famous festivities in the Philippines and it happens every 15th of May in the province of Quezon in honor of Lucban town's patron saint San Isidro Labrador (the patron saint of farmers and laborers). The townspeople express their gratitude to their patron saint for the farmer's thanksgiving for a bountiful harvest with a grand display of colorful rice wafers, fruits, vegetables and handicrafts adorning every house in the town.





FLORES DE MAYO FESTIVAL

- **Flores de Mayo** (Spanish for "**flowers of May**") is a festival held in the Philippines in the month of May. It is one of the May devotions to the **Blessed Virgin Mary** and lasts for the entire month.
- It is a tribute to the **Virgin Mary**, who gives rain when farmers ask for it, and the celebration for it represents the farmers' unwavering gratitude. Stories say that it makes various flowers bloom and grow new crops for food. It has been practiced for hundreds of years now, but we still observe them up to this day.



HIGANTES FESTIVAL

- The Municipality of Angono created the secular festival of the **Higantes** as a way to thank its patron saint, **Saint Clement**. The parade of giants takes place on the Sunday before the town feast on November 23, and the festival is open to all.
- The **Higantes** are made of **paper-mache**. In Mexico, paper-mache is called **piñata** while our native town in Paete, Laguna calls it **taka**. Higantes **measures four to five feet in diameter** and **ten to twelve feet in height**.





BANGUS FESTIVAL

- **Bangus Festival** is one of the Philippines' tastiest celebrations, starting from the third of April until the end of the month. The festival is held in the beautiful city of Dagupan in the province of Pangasinan. The festival is held in celebration of the city's thriving aquaculture, specializing in bangus or milkfish.



Activity . (ESSAY)

Instructions: You will be group into 2 and you need to answer the question.

1. In the midst of pandemic, how will you help to promote festival here in the Philippines? (Include the process or procedure that you are going to do)

Summary

Regardless of celebration level, fiesta is beneficial emotionally and economically to many of us. It gives avenue to our local producers to exhibit their products and generate income. This also enable schools to showcase their talents by participating in events and competitions. This also attracts foreign and local tourism to explore the beauty of our homeland. And most importantly, it gives our identity because of our diverse culture and tradition.

Reference:

- <https://expertworldtravel.com/philippines/bangus-festival/> (Bangus Festival)
- <https://www.camella.com.ph/getting-to-know-flores-de-mayo-how-and-why-it-is-celebrated-in-the-philippines> (Flores De Mayo Festival)
- <https://www.panagbengaflowerfestival.com/> (Panagbenga Festival)
- <https://www.bria.com.ph/articles/your-guide-to-higantes-festival-2022> (Panagbenga Festival)
- <https://pahiyasfestival.com/> (Pahiyas Festival)

Physical Education and Health 3
SY.2023-2024

Name: _____
Yr and Sec: _____

Date: _____
Teacher: _____

ASSESSMENT- WEEK 14

Instructions: Write your answer on the space provided.

_____ 1. One of the famous festivities in the Philippines and it happens every 15th of May in the province of Quezon in honor of Lucban town's patron saint San Isidro Labrador (the patron saint of farmers and laborers).

_____ 2. Where does Higantes Festival originate?

_____ 3. The term "Panagbenga" comes from?

_____ 4. **Pahiyas** is one of the famous festivities in the Philippines and it happens every 15th of May in the province of Quezon in honor of Lucban town's patron saint?

_____ 5. **Kankanaey** term means?

_____ 6. The Municipality of Angono created the secular festival of the **Higantes** as a way to thank its patron saint?

_____ 7. One of the Philippines' tastiest celebrations, starting from the third of April until the end of the month?

_____ 8. It is a tribute to the **Virgin Mary**, who gives rain when farmers ask for it, and the celebration for it represents the farmers' unwavering gratitude?

_____ 9. the most famous for its float parade featuring the stunning beauty of the flowers grown in the city?

_____ 10. What is the measurement of Higantes in Higante Festival?