

Learning Competency:

And we know that in all things God works for the good of those who love Him,
who have been called according to his purpose.
Romans 8:28



Activity 1:

What does the picture tells about “PURPOSE”? Write your answer on the space provided.

The journey to self-discovery

1.What activities do you enjoy expressing the most?

2. What comes easily to you?

3. What did you enjoy doing as a kid?

4. When was the last time you were truly happy and content with life?

EQUIP

“The two most important days in life are the day you were born and the day you find out why.”

-Mark Twain

- What does the quote tell us?
- How and where can we find our purpose?



LET'S DIG IN!

Discussion

- You know that God has something good in store for you. You don't believe he intends you to live a life of painful drudgery in which each day is a total drag. After all, the Bible is chock full of passages about joy. While this certainly doesn't mean that every single day is a parade and circus, it does mean that an overall sense of gladness should permeate your life.
- Focusing on our own plan and goals in life can sometimes lead us away from God's purpose in our life. You can regain your sense of purpose and discover what God has for your life. The following are the ways to regain our purpose in Him.

5 WAYS TO REGAIN YOUR PURPOSE

- **GO TO GOD IN PRAYER.**

Again, let's start with the obvious. If you feel purposeless, ask God to give you wisdom and direction. James 1:5 states, "If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."

That's incredibly good news. God wants to give you a purpose. He wants to bestow divine wisdom on you. It's not like God is holding out on you to make you miserable. He desires you to have a joyful, ambitious, purposeful life. Ask God for purpose and expect Him to give it to you

- **DIG INTO GOD'S WORD.**

The primary way God speaks to us is through the Bible. This means that one of the first things you should do in your search for God's purpose is to start digging into scripture. Now, you won't find any verses that tell you to become a dance instructor or painter, but you will begin to understand the heart of God.

Psalm 119:105 says, "Your word is a lamp to my feet and a light to my path." God's word brings light to paths that otherwise seem dark. In the Bible you learn how to live wisely in God's world, which is the first step toward finding your purpose.

- **DETERMINE YOUR GIFTS AND STRENGTHS.**

God has given you very specific gifts and strengths. Maybe you're a math whiz or a wise counselor. Maybe you have a mind for electronics or business. Maybe you're great at organizing people and getting things done. God's purpose for you probably involves the things you're already good at.

This is where education can be particularly valuable. Going to college or going back to college allows you to discover your gifts and then determine how you're going to use them. It also connects you with people who want to help you find your purpose.

- **DETERMINE YOUR PASSIONS.**

What is one thing you're particularly passionate about? Really, this can be anything. Business, art, economics, alleviating poverty, whatever. If money wasn't an issue, what would you love to do?

Determining your passions often helps you figure out what God has called you to do. It's often said that God works at the intersection of our gifts and our passions. Where do your gifts meet your passions? That may be God's purpose for you.

- **BRING OTHERS INTO YOUR LIFE.**

Proverbs 11:14 says, "Where there is no guidance, a people falls, but in an abundance of counselors there is safety." In other words, one of the main ways God will help you find your purpose is through others.

A caveat needs to be made here. Your counselors should be people you trust. Whether this is your professors, parents or friends, it needs to be people who have your back and want the best for you. You want wise counselors to help you find God's purpose for you.



1. **Immersing yourself in the Word:** Can you imagine having an inbox full of unread messages from a friend and complaining that you never hear from them? That's what we can sound like when we lament not hearing from God while our Bible is collecting dust on a shelf. If you want to learn about your God-given purpose, a great place to start is to read your Bible.
2. **Praying for direction:** Prayer is another great way we can discover and fulfill our God-given purpose. The Bible tells us to ask God for what we need, so when you need direction, ask God for it in prayer. Along with reading your Bible, prayer can provide valuable insight to help you find your God-given purpose and help you live in that purpose every day.
3. **Drawing on your God-given passions:** God has given each of us special talents and interests. Part of fulfilling God's purpose for your life is finding ways to draw on these passions to give the world something only you can. How has God gifted you? Find ways to use these gifts to lead a purposeful life.



WORDS TO PONDER

Trying to discover your life purpose can be a stressful, overwhelming thing. It can seem like such a big, confusing, frustrating subject. You want to move forward, but you're not sure how. You want to find your purpose, but you feel like you're aimlessly wandering.

But you can trust God to lead you where he wants you to go. As Psalm 23:2-3 says, "He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake."

You may feel confused, but God doesn't.



Assessment:

- I. True or False: Write **TRUE** if the statement is correct and **FALSE** if it is not. Write your answer on the space provided.
- _____ 1. This means that one of the first things you should do in your search for God's purpose is to start digging into scripture.
 - _____ 2. God's purpose for you probably involves the things you're already good at.
 - _____ 3. In the Bible you learn how to live wisely in God's word, which is the first toward finding your purpose.
 - _____ 4. Focusing on our own plan and goals in life can sometimes lead us away from Gods purpose in our life.
 - _____ 5. You can regain your sense of purpose and discover what God has for your life.
- I. **Enumeration:** Give what is being asked. Write your answer to the space provided or the back portion of this page. (5 pts. each)

- 1. What is the role of the Bible in finding our purpose?
- 2. What is the first step in finding our purpose?



PERFORMANCE TASK: “SURVEY” (Write in one whole sheet of paper)

- 1. Choose at least (3) three students and ask the following questions.
 - A. What do you think is your purpose of existence?
 - B. How will you appreciate this life given by God?
 - C. By knowing your purpose, how will you fulfil it?



Encircle the word/s which of our core values you can possibly apply our topic?

- A. COMMITMENT
- B. ACCOUNTABILITY
- C. RESILIENCE
- D. EXCELLENCE
- E. STEWARDSHIP



*The Bible

* E- Bible

* <https://www.cornerstone.edu/blog-post/what-is-gods-purpose-for-your-life-and-how-to-find-it/>

* <https://www.biblestudytools.com/topical-verses/bible-verses-about-purpose/>
https://www.google.com/search?q=what+is+your+purpose+in+life+worksheet+for+kids&tbm=isch&ved=2ahUKEwiyhvLRwIL-AhV5sVYBHampCLIQ2-cCeqQIABAA&oq=what+is+your+purpose+in+life+worksheet+for+kids&gs_lcp=CgNpbWcQAzoECCMQJ1C6A1iEEmD2F2gAcAB4AIABYAOIAbkRkqEJMC4zLjQuMS4xmAEAoAEBqgELZ3dzLXdpei1pbWfAAQE&sclient=img&ei=PuYkZLLvE_ni2roPqdOikAs&bih=849&biw=1440&rlz=1C1RLNS_enPH990PH990#imgsrc=FJgAGknNwyGfbM

<https://www.cornerstonesf.org/finding-your-god-given-purpose-in-life/#:~:text=lf%20you%20want%20to%20learn,God%20for%20it%20in%20pray>