



SUBJECT: Physical Education & Health 4

TOPIC: CAMPING (campsite: types of camping)

PREPARED BY: Jevril E. Malbasias

SEMESTER: 2nd Semester

GRADE LEVEL: 12

WEEK: 14

LEARNING COMPETENCY:

Demonstrate proper etiquette and safety in the use of facilities and equipment (PEH12FH-IIaa-t-12).

What is Campsite?

A **campsite** or **camping pitch** is a place used for overnight stay in an outdoor area. In UK English, a *campsite* is an area, usually divided into a number of pitches, where people can camp overnight using tents, camper vans or caravans; this UK English use of the word is synonymous with the US English expression *campground*. In American English, the term *campsite* generally means an area where an individual, family, group, or military unit can pitch a tent or park a camper; a campground may contain many campsites.



What is the difference between campsite and tent site?

A **campsite** refers to anyplace people can camp, including in RVs and motorhomes. Meanwhile, a **tent campsite** is only for **tents**. Notably, you may be allowed to camp using a hammock or sleeping bag on the ground at a **tent campsite**.

TYPES OF CAMPSITES

a. FULL SERVICE

- Full service sites offer electric hookups for RVs, water and amenities like flush toilets, dumping stations and sometimes showers.

b. TENT ONLY

- Tent only sites do not allow trailers. A site for your tent is provided, but no other amenities (amenities may be located elsewhere in the campground)

c. PRIMITIVE

- Primitive sites usually require hiking in from a distance, so you must: pack in all your supplies and no amenities are provided

TYPES OF CAMPING

➤ CAR CAMPING

Car camping simply means that you load up all of your gear for the trip in your **car**, pull into your **campsite**, and set up your tent on a designated tent pad. This experience can be called "base **camping**" as well, just near your **car**, instead of say, a few thousand feet below Mt. Everest.



➤ BACK PACKING

Backpacking is a form of low-cost, independent travel, which often includes staying in inexpensive lodgings and carrying all necessary possessions in a backpack. Once seen as a marginal form of travel undertaken only through necessity, it has since become a mainstream form of tourism



➤ CANOE CAMPING

Canoe camping, also known as touring, tripping or expedition canoeing, is a combination of canoeing and camping. Like backpacking, canoe campers carry enough with them to travel and camp for several days, but do so via a canoe or kayak



➤ Tent Camping

Camping is an outdoor activity involving overnight stays away from home in a shelter, such as a **tent** or a recreational vehicle. Typically participants leave developed areas to spend time outdoors in more natural ones in pursuit of activities providing them enjoyment.



➤ Calling Camping

Camper Calling has a relaxed atmosphere where we simply show you to your chosen area and you choose from the available space where you'd like to camp. The camp site is open for 3 nights from 10am on Friday and must be vacated by 12 noon on Monday.



➤ Survivalist Camping

Survivalist camping is for people looking to put their skills and abilities, both physically and mentally, to the ultimate test. It involves walking into or being dropped off in unknown territory with very limited resources to use for surviving.



Here are also some of the types of campsites:

- ✓ Club Sites. Our network of more than 100 Club Sites will always be at our heart. ...
- ✓ Camping in the Forest Sites. ...
- ✓ Ready Camp – Club Glamping Sites. ...
- ✓ Certificated Sites. ...
- ✓ Social Camping. ...
- ✓ Self-Catering.

Mission#1

Activity 14.1 IDENTIFICATION!!

Direction: Classify the recreational activities. Put ± if the activity is indoor and x if it is outdoor.

- _____ a. Fishing
- _____ b. Camping
- _____ c. Watching TV
- _____ d. collecting sea shells
- _____ e. Picnic

Mission#2

Activity 14.2

Direction: Classify the recreational activities. Write **L** if it is on land, **A** if it is in the air and **W** if it is on water.

- _____ a. Boating
- _____ b. Skydiving
- _____ c. Rock climbing
- _____ d. Bamboo rafting
- _____ e. Hiking

Summary/Synthesis

A **campsite** or **camping** pitch is a place used for overnight stay in an outdoor area. ... In American English, the term **campsite** generally means an area where an individual, family, group, or military unit can pitch a tent or park a camper; a campground may contain many **campsites**.

References

- <https://en.wikipedia.org/wiki/Campsite>
- https://www.google.com/search?q=canoe+camping&source=lmns&hl=en-US&sa=X&ved=2ahUKEwjx99296MfuAhXYC94KHZH7C7QQ_AUoAHoECAEQAA
- <https://ourauckland.aucklandcouncil.govt.nz/news/2019/12/seven-health-benefits-of-camping/>
- <https://koa.com/blog/the-benefits-of-camping-why-camping-is-good-for-you/>



PHYSICAL EDUCATION AND HEALTH 4

S.Y 2023-2024

Name: _____

Quarter: _____

Yr. & Sec: _____

Teacher: _____

ASSESSMENT-WEEK 14

Test I. Multiple Choice.

Direction: Choose and encircle the letter of the correct answer.

- People looking to put their skills and abilities, both physically and mentally, to the ultimate test.
 - Car Camping
 - Canoe Camping
 - Calling Camping
 - Survivalist Camping
- This campsite usually require hiking in from a distance, so you must: pack in all your supplies and no amenities are provided
 - Primitive
 - Full service
 - Tent
 - Car Camping
- It refers to anyplace people can camp, including in RVs and motorhomes.
 - Tent Camping
 - Campsite
 - Survivalist Camping
 - Canoe Camping
- It is also known as touring, tripping or expedition canoeing, is a combination of canoeing and camping.
 - Car Camping
 - Canoe Camping
 - Calling Camping
 - Survivalist Camping
- It is an outdoor activity involving overnight stays away from home in a shelter, such as a tent or a recreational vehicle.
 - Survivalist Camping
 - Canoe Camping
 - Tent Camping
 - Calling Camping

Test II. IDENTIFICATION

Direction: Classify the recreational activities. Write **L** if it is on land, **A** if it is in the air and **W** if it is on water.

- _____ a. Boating
- _____ b. Skydiving
- _____ c. Rock climbing
- _____ d. Bamboo rafting
- _____ e. Hiking