

Learning Competencies:

- Discuss the external factors influencing career choices that may help in career decision making **(EsP-PD11/12CP-IIg-13.1)**
- Prepare a career plan based on his/her personal goal and external factors influencing career choices **(EsP-PD11/12CP-IIh-i-13.3)**

ACTIVITY NO. 1

Instruction: Answer the question below in 2-5 sentences.

What is your dream job or career?

FACTORS INFLUENCING CAREER CHOICES

Skills and Abilities

(1) Identifying your skills and abilities and matching them up with a particular occupation is the proposition of the earliest career development plan.

Different life roles

(2) Every person plays different roles in his or her life. And every person thinks about himself in these different roles and decides which role will be the most important for him. And this decision may influence the career choice and the way the person looks at his work.

Personality and interests

We are all different. We have different tastes, preferences, and tempers. And someone's success at the particular job position depends on these things.

Previous work experience

If someone has a positive role model in a particular career or positive work experience it will definitely influence the future work choice.

Culture

The cultural background of the person as well as his regional area and ethnic group can influence the future work choice. Besides family of the job seeker and local community also can become the factors which can determine someone's future career. Person's expectations and life values are always shaped according to the cultural issues, and they have connections with different parts of our lives.

Economic and social conditions of life

Our life benchmarks and career choices always lie in the context of the economic and social issues. And it is natural. Sometimes we can't choose the society in which we have to live, but we can choose the way of life. Different situations and conditions which

take place in our economic and social lives give us a definite choice and have a certain effect on it.

The financial aspect

For many of us, money which we can earn is the most important factor which influences on the future career choice. We have to pay for everything that we have in our lives. But everyone has different needs and ways of life that's why think twice when considering the job which will not allow living as you like and make a correct and reasonable choice.

Gender

⁽¹⁾ Both men and women have experienced career-related stereotypes. Gender is a factor included in multiple career development theories and approaches including, Social Learning and multicultural career counselling

Childhood Fantasies

Perhaps one of the most relatable theories is the one proposed by Ginzberg. His theory consists of three life stages during career development. The first stage includes fantasy phase, where early ideas about careers are formed. Concerns such as "What do I want to be when I grow up?" may be one of those moments you remember when you were still a child. In a way, it may have contributed to your career considerations and decisions.

ACTIVITY NO. 2

Instruction: Answer the question below in 2-5 sentences. (5 points)

What influences you to choose that job/career?

IMPACT OF FAMILY, SCHOOL, AND COMMUNITY ON ADOLESCENT SELF-IDENTITY AND CAREER CHOICE

A lot of studies point to the family, the school, and the community as significant factors contributing to the adolescents' concept of self-identity and eventually, their career choices. Each of them, as they interact, provides valuable input into the adolescents' decision. Furthermore, of these factors, parents play the most critical role in shaping career choice. In addition, the broader context of the school and community environment serves either as support and reinforcement or delaying factor decision-making.

THE ROLE OF PARENT IN ADOLESCENT CAREER SELECTION

Parents serve as a major influence in adolescent career development and career decision making. Parents naturally want their children to find happiness and success in life and this can be realized in the specific career choices adolescents make

Parents, often in a subtle way, can significantly influence the lever of education or training children achieve, the knowledge accumulated about work and different occupations, essential beliefs and attitudes that contribute to satisfaction in the chosen career, and sustained motivation to be more productive and engaged in the work.

Some of the key influences are as follows:

- The expectations parents have for their children's education and career
- The example they set for their children
- The values they show to their family, friends, and to society
- The opportunities they offer their children to learn and develop

ENRICHMENT

Instruction: Answer the question below in 2-5 sentences.

How important is the role of parents in the career guidance process?

SOURCES:

- Rochester, Herman G. "A Journey to Personal Development" p. 203-208, FNB Educational, Inc., Philippines, 2016.
- <https://essay4today.com/blog/what-influences-your-career-choice>
- https://www.nicepng.com/ourpic/u2e6y3e6w7o0e6u2_andrea-harvey-career-timeline-job-timeline/



Name: _____ Date: _____
Grade & Section: _____ Score: _____

PERSONAL DEVELOPMENT
ASSESSMENT NO. 13

Test. I. CAREER PLAN

Instruction: In the back part of this assessment sheet, make your own career plan base on your own personal goal and external factor influencing you.

Sample of ⁽³⁾ Career Plan:

