

高途在线

2022

考研英语

主讲教师

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1 社会热点

- 1、China has not only benefited from **economic globalization** but also contributed to it.
中国是经济全球化的受益者，也是贡献者。
- 2、With the deepening of the **economic crisis**, unemployment shot up.
经济危机加剧，失业人数激增。
- 3、The **financial crisis** has made it more acceptable to be between jobs or to leave a bad one.
金融危机让人们更容易接受待业或辞掉不好的工作。
- 4、Fake commodities cause **unfair competition** in the market economy and put the whole society in disorder.
假冒伪劣商品在市场经济中造成不公平竞争，导致整个社会陷入了混乱。

- 5、 **Economic recovery** is just around the corner.
经济复苏即将到来。
- 6、 On the one hand, urbanization can promote **economic prosperity** and social progress.
一方面，城市化可以促进经济的繁荣和社会的进步。
- 7、 In the case of international trade being hindered, **economic internal circulation** has become an important force for economic development.
在国际贸易受到阻碍的情况下，经济内循环成为了经济发展的重要力量。
- 8、 To stabilize economic growth, various measures are being taken to **expand domestic demand**.
为了稳定经济增长，（政府）正在采取各种措施来扩大内需。

- 9、 **Microcredit** scheme provides credit to small businesses.
小额贷款计划为小型企业提供信贷
- 10、 We will step up efforts against **business monopolies** and guard against unregulated expansion of capital, and ensure fair market competition.
我们将强化反垄断和防止资本无序扩张，坚决维护公平竞争市场环境。
- 11、 The **antimonopoly** laws are designed to promote free competition.
反垄断法的目的是促进自由竞争。
- 12、 To prevent the **financial risks effectively**, it is necessary to find out the ultimate cause.
对金融风险进行有效的防范和控制，必须抓住风险产生的根本原因。

- 13、Invention is nothing without **Intellectual Property protection**.
没有知识产权保护，发明将得不到保护。
- 14、We will improve development of public service facilities for **social security**.
我们将会加强社会保障公共服务设施建设。
- 15、It is widely known that full-time employees are entitled to receive **medical insurance**.
众所周知，全职员工有权获得医疗保险。
- 16、The Ministry of Health's efforts to **reform the health care system** will help relieve the high medical cost burdens.
卫生部为改革医疗体系所作出的努力将有助于减轻高医疗成本的负担。

- 17、 Our country attaches great importance to the construction of **endowment insurance**.
我国非常重视养老保险制度的建设。
- 18、 We will improve the urban and rural **social welfare** system.
完善城乡社会福利体系。
- 19、 Expanded production, or a reduction of waste and diversion, will drive down prices and encourage the accumulation of food inventories, which will **stabilize prices**.
扩大生产，或是减少浪费和转换都会使得价格走低并促进视食品库存增加，并最终稳定物价。
- 20、 In this way, the **gap between the rich and the poor** becomes narrow.
这样，贫富之间的差距就会缩小。

- 21、It's the important insurance of increasing employment and stabilizing society and it has made great contribution to **alleviate social pressure** and maintain social stability.
这是增加就业、稳定社会的重要保证，为缓解社会压力、维护社会稳定做出了重大贡献。
- 22、The **aging society** has become a general phenomenon.
高龄社会渐渐成为世界普遍现象。
- 23、The trends of **population aging** in China will have much effect on health security.
我国人口快速老龄化的趋势，将对我国的医疗保障带来诸多影响。
- 24、**Housing problem** has always been the focus of public interest.
住房问题一直是公众兴趣的焦点。

- 25、Strengthening rural **public infrastructure construction** is an important strategy of the new socialist countryside.
加强农村公共基础设施建设是新农村建设的一项重要举措。
- 26、Urban **public transportation** is the important component of urban infrastructure construction.
城市公共交通是城市基础设施建设的重要组成部分。
- 27、Mass transit reduces **traffic congestion** and the pollution it generates.
公共交通减少了交通拥挤和由此产生的污染。
- 28、In contemporary society, it has been a trend for people to **surf the Internet** for the information they need.
在当代社会，人们上网搜索他们需要的信息已经成为一种趋势。

- 29、 **Online shopping** has become a part of our everyday life, primarily those of us who are busiest.
网购已经成为了我们日常生活中的一部分，特别是对于那些整天忙于工作的人。
- 30、 Students can hardly balance real and **virtual life**.
学生们很难在现实与虚拟的生活中取得平衡。
- 31、 The fans are devoted and unlike with movie stars and top musicians, they get a lot of access to their favourite **Internet celebrity**.
粉丝们很热情，她们可以通过许多途径接触到自己喜爱的网红，不像追电影明星和一线歌手那样难。
- 32、 For one thing, we should appeal to the mass media to advocate the scientific and healthy lifestyle and avoid **web addiction**.
一方面，我们应该呼吁大众媒体倡导科学、健康的生活方式，避免网络成瘾。

- 33、 **The Internet violence** will seriously affect the physical and mental health of adolescents.
网络暴力将严重影响青少年身心健康。
- 34、 The value of **network supervision** is to protect the Internet' s usefulness for people.
网络监管的价值在于保护互联网对人的有益性。
- 35、 With the creation of the tablet came the **mobile app** and app store.
手机应用和应用商店是伴随着平板电脑的问世而产生的。
- 36、 With the development of **e-commerce**, shopping online has become increasingly popular.
随着电子商务的发展，网上购物越来越受欢迎。

- 37、The U. S. and China are the main markets for **cross-border e-commerce** in the Asia-Pacific and Canada.
中国和美国是亚太加拿大地区主要的跨境电子商务市场。
- 38、Every coin has two sides, and **artificial intelligence** is no exception.
凡事都有两面，人工智能也不例外。
- 39、In an era of **information explosion**, people can easily be distracted by irrelevant information.
在信息爆炸的时代，人们很容易被无关的信息分散注意力。
- 40、In the **information era**, communication with far-away friends via email can be almost simultaneous.
在信息时代，通过电子邮件方式跟远方的朋友交流几乎可以是同步的。

- 41、 Along with the era of knowledge economy approaching, higher education research has become a main force in **scientific and technological research and innovation**.
跟着知识经济时期的到来，高等学校的科研成为科学技术研讨与立异的主导力量。
- 42、 The government is aiming at full **employment** .
政府在力求达到全面就业。
- 43、 Meanwhile, it will increase the **employment opportunities** for people, increase social service requirement and promote the prosperity of our society.
与此同时，还必将扩大就业岗位，增加社会服务需求，促进社会繁荣。
- 44、 College graduates have to face a tight **job market**.
毕业生不得不面对严峻的就业市场。

- 45、The Internet makes **job hunting** more efficient since potential candidates do not have to travel to other cities where the job is.
互联网使求职更加高效，因为潜在的求职者不必去工作所在的其他城市。
- 46、The experienced **job seeker** should be familiar and comfortable with all varieties.
有经验的求职者应该对各种变化都能熟悉并适应。
- 47、The workshop has shut down and the worker **is unemployed**.
工厂关闭后工人失业了。
- 48、**Unemployment** has rocketed up again.
失业人数再次猛增。

- 49、Survey shows nearly half of the graduates most want to obtain **career guidance** service from professional according to their personality and advantages.
调查显示近一半的毕业生最希望有专业人员根据自己的个性及优缺点提供职业指导服务。
- 50、I believe that college students, besides academics study, should pick up more practical skills to be better prepared for the **career development**.
我认为大学生，除了学习之外，应当学习更多的实用技能，为今后的职业生涯做准备。
- 51、**Vocational training** will fit them for a good job.
职业的培训使他们能找到一个好工作。
- 52、Job seekers attach great importance to **job treatment and benefits**.
求职者很看重工作福利和待遇。

- 53、**Salary** is proportional to years of experience.
薪金视资历而定。
- 54、People with **job satisfaction** were three times as likely to say that they were very happy.
对工作满意的人感觉幸福的几率高出其他人3倍。
- 55、The job didn't offer any prospects for **promotion**.
这份工作没有任何升迁的希望。
- 56、The graduates should strengthen their **academic integrity** to resist corrupt factors in their academic field.
研究生要加强学术诚信，抵制不良学风的影响。

2 人生哲理

- 57、Doing chores can put **a sense of responsibility** into students' minds and teach them the spirit of rules as well as teamwork.
做家务可以培养学生的责任感，教会他们遵守规则和团队合作的精神。
- 58、Skill comes only with practice, patience, and **persistence**.
只有通过练习、耐心和坚持不懈才能获得技能。
- 59、The task requires extraordinary **patience** and endurance.
这项工作需要非凡的耐心和毅力。
- 60、**Striving spirit** is the key to one' s success.
进取精神是一个人获得成功的关键。

- 61、As far as I'm concerned, **diligence** is far more important than talents in helping people realize their dreams.
就我而言，勤奋远比天分更能帮助人们实现梦想。
- 62、**Self-confidence** is one of the cornerstones of success.
自信是成功的奠基石之一。
- 63、Most of failures are from the **lack of confidence**.
绝大多数的失败都是由于缺乏自信。
- 64、We are looking for someone who is **reliable** and hard-working.
我们在物色可靠而又勤奋的人。

- 65、I am writing to express my **sincere** gratitude for your help in my study.
我写这封信是为了真诚的感谢你在学习上对我的帮助。
- 66、**Enthusiasm** is very catching.
热情是非常具有感染力的。
- 67、It was a very frightening experience and they were very **courageous**.
那是一次非常令人恐惧的经历，但他们非常勇敢。
- 68、His academic performance is well above average, but he is still **humble** and helpful.
他的学业表现远超同学，但是他仍然十分谦虚，而且乐于助人。

- 69、An **aggressive** person feels strong and independent.
一个有进取心的人感觉自己强大、独立。
- 70、**Integrity** is the quality of being honest.
正直是诚实的品质。
- 71、Lu Xun was **loyal** to the people, bending his back to the task until his dying day.
鲁迅对人民忠心耿耿，鞠躬尽瘁，死而后已。
- 72、She was a very **vigorous** sort of person.
她是那种精力非常旺盛的人。

- 73、 Being **optimistic** means being hopeful about the future.
乐观意味着对未来充满希望。
- 74、 Not everyone is so **pessimistic** about the future.
并非每个人都对未来如此悲观。
- 75、 This is an **audacious** decision.
这是个大胆的决定。
- 76、 That young man is honest, **cooperative**, always there when you need his help.
那个年轻人作为人诚实，有合作精神，当你需要帮助时，他总能伸出援助之手。

- 77、 **Team spirit** is necessary not only for a team's success but also for personal development.
团队精神不仅对一个团队的成功是必要的，而且对个人发展来说也是必要的。
- 78、 You should cultivate yourself to be **strong-minded**. Don't become a weak person.
你要培养自己坚强的意志，不要成为弱者。
- 79、 **Tolerance** just means that you should respect the differences in others and not try to make them change.
宽容只是意味着你应该尊重他人的不同，而不是试图改变他们。
- 80、 **Innovation** is the driving force of scientific and technological progress.
创新是科技进步的动力。

3 环境保护

- 81、Combating **climate change** is an objective not only for us but also for the future of mankind.
应对气候变化，不仅关乎我们自身，也关乎人类的未来。
- 82、In order to reduce **global warming, emission of greenhouse gases** needs to **be reduced**.
为了减缓全球变暖的现象，需要减少温室气体的排放。
- 83、Human activities have upset the balance of the **ecosystem**.
人类的活动打破了生态系统的平衡。

- 84、To avoid the extinction of these species, we should stop disturbing the **ecological balance** on our planet.
为了避免这些物种的灭绝，我们应该停止破坏我们星球的生态平衡。
- 86、Fundamental measure is to strengthen **pollution source** control.
根本措施仍然是加强污染源治理。
- 87、There is sufficient evidence to show that plastic bags have caused **white pollution** to the environment.
有充分的证据表明塑料袋已经对环境造成了白色污染。
- 88、It's necessary to educate children to sort the **garbage**.
教育孩子们要垃圾分类是很有必要的。

89、Anyone who breaks the rule and **litters** everywhere should be fined.

任何违反规定，随处扔垃圾的人都应该被罚款。

90、In this case, some companies pay a **sewage treatment** fee, it is more frankly discharge of effluents.

在这种情况下，一些公司支付污水处理费，更坦率地排放污水。

91、**Noise pollution** is such a serious problem that it has aroused concerns from the whole society.

噪声污染是个十分严重的问题，已经引起了全社会的关注。

92、**Over-exploitation** has led to the loss of habitats for many species.

过度开发导致了很多物种栖息地的消失。

- 93、The problem lies in that people still haven't realized the importance of **environmental protection**.
问题在于人们还没有意识到保护环境的重要性。
- 94、Environmental education is important to improve general public **environmental awareness** and to promote public participation in environmental protection.
环境教育对于提升公众环境意识、促进环保公众参与等具有重要意义。
- 95、How to maintain **sustainable development** is a matter of significant importance facing all countries.
如何保持可持续发展是所有国家面临的一个重大问题。
- 96、The State encourages the development and utilization of **renewable energy resources**.
国家鼓励开发、利用可再生能源。

- 97、Developing **clean energy** should be placed at the core of the new environmental protection policy.
发展清洁能源应为新环保政策的核心。
- 98、**Low carbon economy** is green economy with low energy consumption and low pollution which is necessary for coping with climate warming.
“低碳经济”是以低能耗、低污染为基础的绿色经济，是应对气候变暖的必然选择。
- 99、**Energy saving and emission reduction** have become the focus of attention of the whole society.
节能减排已成为全社会关注的焦点。
- 100、In fact, **waste recycling** is the law of nature.
事实上，废物回收利用是大自然运作的法则。

4

教育

- 101、 Even **elementary school** students are complaining about homework fatigue.
甚至小学生都在抱怨作业疲劳。
- 102、 **Middle school** students should learn to care for themselves.
中学生应该学会照顾自己。
- 103、 **University** professors both teach and undertake research.
大学教授既要教学又要从事研究工作。
- 104、 Younger adults who went to college or **graduate school** were doing pretty well.
上过大学或研究生院的年轻人表现得相当不错。

- 105、 There are more than 600,000 professional social workers in the country, and we all either have a **bachelor's degree**, a **master's degree**, or a **PhD** in Social Work.
我国有60多万职业社会工作者，并且我们都有社会工作方面的学士学位、硕士学位或博士学位。
- 106、 She's a French **major**.
她是法语专业的学生。
- 107、 **Elective courses** have broadened students 'horizons to a certain extent.
选修课在一定程度上拓展了同学们的眼界。
- 108、 English language is the **compulsory course** at the primary education stage in our country.
英语是我国基础教育阶段的必修课程。

- 109、The primary goal of a university is to **cultivate** talents.
高校的首要目标是培养人才。
- 110、**Promoting students' physical and mental development** is one of the main purposes of quality-oriented education
促进学生身心发展是素质教育的主要目的之一。
- 111、How to **stimulate the students' learning interest** and turn their passive learning into active learning is the key to raising the teaching efficiency.
如何提高学生的学习兴趣，变被动学习为主动学习是提高教学效果的关键所在。
- 112、哈哈（107句讲过了）

- 113、In fact, there isn't a **parenting** style that fits everyone.
事实上，并没有一种适合每个人的育儿方式。
- 114、Young people might benefit from early exposure to the Internet for they can start their learning process earlier and get ahead of the game before they start formal **schooling**.
年轻人较早接触互联网可能会受益，因为他们可以更早地开始学习过程，并在开始接受正规教育之前抢占先机。
- 115、We should have **life-long learning** in the era of Internet, which requires us to continue with study even after graduation.
在互联网时代我们应该学会终身学习，这要求我们即使在毕业后也要继续学习。
- 116、The **exam-oriented education** is changing to **quality-oriented education** step by step.
逐步的完成从应试教育到素质教育的转变。

- 117、It is the function of education to **instill high moral values**.
灌输高尚的道德观是教育的功能。
- 118、The development of **employable skills** can promote economic progress.
职业教育的发展能够促进经济的进步。
- 119、**Force-feeding the students** does more harm than good.
对于学生而言填鸭式教法，弊大于利。
- 120、**Lightening the burden on students** is the focus of educational reform.
减轻学生负担是教育改革的重点。

- 121、A real person, is a throughout smiling person in all **adverse circumstances**.
一个真正的人，是一个在一切逆境中始终微笑的人。
- 122、In modern society, **team spirit** has been attached much importance to.
现代社会高度重视团队精神。
- 123、And firstly I think the most important characteristic of a successful person is the ability to **think independently**.
首先我认为，一个成功的人所具有的最重要的特征是独立思考的能力。
- 124、We should **encourage the students to think critically**.
我们应该鼓励学生用辩证的眼光看问题。

125、A school is society in miniature.

学校是社会的缩影。

126、In my opinion, it is necessary to become both specialist and generalist.

在我看来，成为专家和通才都是必要的。

THANK YOU!

主讲

舅舅老师